

# On the Ground

拍数: 96      墙数: 0      级数: Phrased Intermediate  
编舞者: Valérie DEL CAMPO (FR) & Mercè ORRIOLS (ES) - February 2023  
音乐: On the Ground - Thomas Mac : (Album: About Last Night)



## Sequence

A - B - A - B - A32 + tag 8 - B + FINAL = tag

### PART A (40 counts)

**Sect. 1 - (R) DIAG. FWD, (L) TOUCH TOGETHER, (L) DIAG. BACK, (R) TOUCH TOGETHER (R) COASTER STEP (L) GRAPEVINE & CROSS, (L) ROCK STEP ¼ TURN LEFT, ¼ TURN LEFT & STEP**

&1&2      Step right diagonally forward, touch left together, step left diagonally back, touch right together  
3&4      Step right back, step left together, step right forward  
5&6&      Step left side, cross right behind, step left side, cross right over  
7&8      Turn ¼ left and step left forward, recover on right, turn ¼ left and step left side (6:00)

**Sect. 2 - (R) DIAG. FWD, (L) TOUCH TOGETHER, (L) DIAG. BACK, (R) COASTER STEP (L) STEP, ½ TURN RIGHT, ½ TURN RIGHT & STEP (L) BACK, (R) COASTER STEP**

&1&2      Step right diagonally forward, touch left together, step left diagonally back, touch right together  
3&4      Step right back, step left together, step right forward  
5&6      Step left forward, turn ½ right, turn ½ right and step left back (6:00)  
7&8      Step right back, step left together, step right forward

**Sect. 3 - (L) ROCK STEP SIDE, BEHIND SIDE CROSS, (L) HEEL JACK (X2),**

1-2      Rock left side, recover on right  
3&4      Cross left behind right, step right side, cross left over  
&5&6      Step right foot diagonally back and touch left heel diagonally forward, step left together, touch right together  
&7&8      Step right foot diagonally back and touch left heel diagonally forward, step left together, touch right together

**Sect. 4 - (R) ROCK STEP SIDE, BEHIND SIDE CROSS, (L) ROCK STEP FORWARD, SHUFFLE ½ TURN LEFT**

1-2      Rock right side, recover on left  
3&4      Cross right behind left, step left side, cross right over  
5-6      Rock left forward, recover on right  
7&8      Turn ¼ left and step left side, step right together, turn ¼ left and step left forward (12:00)

**Sect. 5 - (R) STEP ½ TURN LEFT (X2), (R) STOMP, HOLD, (L) STOMP, HOLD**

1-2      Step right forward, turn ½ left (weight on left)  
3-4      Step right forward, turn ½ left (weight on left)  
5-6      Stomp right, hold  
7-8      Stomp left, hold

### PART B (56 counts)

**Sect. 1- ¼ TURN LEFT & (R) CROSS ROCK, RECOVER & KICK, ¼ TURN LEFT & (R) CROSS ROCK, RECOVER & KICK, (R) ROCK STEP BACK, (R) SCUFF, (R) SIDE, TOUCH, (L) SIDE, TOUCH, OUT-OUT, IN-IN**

1&2&      Turn ¼ left and cross right over, recover on left & kick right, turn ¼ left and cross right over, recover on left and kick right (6:00)  
3&4      Rock right back, recover on left, scuff right forward

- &5&6 Step right side, touch left together, step left side, touch right together
- &7&8 Step right out, step left out (feet apart), step right in, step left together (feet together)

**Sect. 2- (R) CROSS ROCK, RECOVER & KICK, (R) CROSS ROCK, RECOVER & KICK, (R) ROCK STEP BACK, (R) SCUFF, (R) SIDE, TOUCH, (L) SIDE, TOUCH, OUT-OUT, IN-IN**

- 1&2& Cross rock right over left, recover on left and kick right, cross rock right over left, recover on left and kick right
- 3&4 Rock right back, recover on left, scuff right forward
- &5&6 Step right side, touch left together, step left side, touch right together
- &7&8 Step right out, step left out (feet apart), step right in, step left together (feet together)

**Sect. 3 - (R) STEP ½ TURN LEFT, (R) SHUFFLE FWD, (L) STEP ½ TURN RIGHT, (L) SHUFFLE FWD**

- 1-2 Step right forward, turn ½ left (12:00)
- 3&4 Step right forward, step left next to right, step right forward
- 5-6 Step left forward, turn ½ right (6:00)
- 7&8 Step left forward, step right next to left, step left forward

**Sect. 4 - (R) CROSS ROCK STEP, RIGHT SHUFFLE SIDE, (L) CROSS ROCK STEP, LEFT SHUFFLE SIDE**

- 1-2 Cross/rock right over left, recover on left
- 3&4 Step right side, step left together, step right side
- 5-6 Cross/rock left over right, recover on right
- 7&8 Step left side, step right together, step left side

**Sect. 5 - (R) SHUFFLE ½ TURN LEFT, (L) SIDE, (R) SCUFF, (R) STOMP, HOLD, (L) STOMP, HOLD**

- 1&2 Turn ¼ left and step right side, step left next to right, turn ¼ left and step right back (12:00)
- 3-4 Step left side, scuff right forward
- 5-6 Stomp right next to left, hold
- 7-8 Stomp left next to right, hold

**Sect. 5 - (R) SHUFFLE RIGHT DIAG. FWD, (L) SHUFFLE LEFT DIAG. FWD, (R) SHUFFLE RIGHT DIAG, BACK, (L) LONG STEP DIAG BACK, (R) TOUCH TOGETHER**

- 1&2 (Facing 1:30) Step right forward, step left next to right, step right forward
- 3&4 (Facing 10:30) Step left forward, step right next to left, step left forward
- 5&6 (Facing 10:30) Step right back, step left next to right, step right back
- 7-8 Long step left diagonally back, touch right together

**Sect. 6 - (R) SHUFFLE RIGHT DIAG. FWD, (L) SHUFFLE LEFT DIAG. FWD, (R) SHUFFLE RIGHT DIAG, BACK, (L) STEP DIAG BACK, (R) TOUCH TOGETHER**

- 1-8 Repeat section 5

**TAG / FINAL**

On the 3rd A, after 32 counts we will replace the next 8 counts (33-40) for the TAG, and then Part B (R) STOMP, HOLD, ½ TURN RIGHT & (L) STOMP, HOLD, (R) STOMP, HOLD, ½ TURN RIGHT & (L) STOMP, HOLD

- 1-2 Stomp right, hold
- 3-4 Turn ½ right and stomp left, hold (6:00)
- 5-6 Stomp right, hold
- 7-8 Turn ½ right and stomp left, hold (12:00)

**FINAL: The same TAG (8 counts) & right stomp up together, right stomp side**

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