Southern Soul Bouncers (P)

级数: Beginner Partner

编舞者: Merle Shock (USA) & Sally Shock (USA) - March 2023

音乐: Southern Soul Bounce - Ms. Jody

ADAPTION BY; Sally & Merle Shock

拍数: 32

Based on choreography – Southern Soul Bounce by The King&I, Roy Verdonk, Ira Weisburd

Introduction: 40 counts. Start on vocal approx. 29 seconds Couples - Indian position, facing OLOD

PART I. (BUMP L, R, L, BACK, SIDE, CROSS; L LINDY STEP)

- 1&2 Bump L hip to L, Bump R hip to R, Bump L hip to L
- 3&4 Step R back, Step L to L, Step R across L
- 5&6 Step L to L, Step-close R beside L, Step L to L
- 7-8 Rock back onto R, Recover forward onto L

PART II. (BUMP R, L, R, BACK SIDE, CROSS; R LINDY STEP)

- 1&2 Bump R hip to R, Bump L hip to L, Bump R hip to R
- 3&4 Step L back, Step R to R, Step L across R
- 5&6 Step R to R, Step-close L beside R, Step R to R
- 7-8 Rock back onto L, Recover forward onto R

PART III. (moving into Sweetheart position)SHUFFLE FORWARD L,R,L W/1/4 TURN FACE LOD, SHUFFLE FRWRD R,L,R; ROCKING CHAIR, FORWARD MAMBO

- Turning ¼ turn LOD, shuffle LRL 1&2
- 3&4 Shuffle forward, RLR
- 5&6& Step L forward, Recover back onto R, Step L back, Recover forward onto R
- Step L forward, Recover back onto R, Step L back 7&8

PART IV. (PONY STEP FRWRD(SHUFFLE) RLR, LRD; ROCK FORWARD, RECOVER, SHUFFLE 1/4 TURN RLR (moving back into Indian position)

- Step R forward, Touch ball of L beside R, Step R in place 1&2
- 3&4 Step L forward, Touch ball of R beside L, Step L in place
- 5-6 Rock R forward, Recover onto L
- 7&8 Shuffle RLR, turning 1/4 turn R, ending facing OLOD

REPEAT – ENJOY





墙数: 0