

# Day To Feel Alive

**COPPER** **KNOB**  
BY SHEETS

拍数: 32      墙数: 4      级数: Improver / Intermediate  
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音乐: Day To Feel Alive - Jake Reese



Intro : 8 counts

## [1-8] ROCK FWD RIGHT & LEFT, BACK STEP LOCK STEP, FULL TURN RIGHT BACKWARD

1-2            Rock step right fwd, recover on left  
&            Right next to left  
3-4            Rock step left fwd, recover on right  
5&6           Left step back, right cross over left, left step back  
7-8            1/2 turn right stepping right fwd, 1/2 turn right stepping left back 12:00

## [9-16] SIDE ROCK & SIDE - TOUCH, SIDE TRIPLE STEP, SAILOR 1/4 TURN LEFT

1-2            Rock step right to right side, recover on left  
&            Right next to left  
3-4            Left step to left side, Touch right next to left  
5&6            Triple step right left right to the right  
7&8            Left cross behind right, 1/4 turn left stepping right to right, left fwd 9:00

## [17-24] ROCK FWD, COASTER STEP, SIDE POINT, HOLD, SWITCH SIDE POINT, HOLD

1-2            Rock step right fwd, recover on left  
3&4            Right step back, left next to right, right fwd  
5-6            Touch left toe to left side, Hold  
&7-8           Left next to right (&), Touch right toe to right side, Hold

**\*\* RESTARTS here on walls 4 & 8 (at 12:00)**

## [25-32] SYNCOPATED JAZZ BOX CROSS, SIDE, BEHIND SIDE CROSS, SIDE SLIDE

1-2            Right cross over left, left step back  
&3-4           Right to right (&), Left cross over right, right to right  
5&6            Left cross behind right, right to right, left cross over right  
7-8            Large right step to the right, slide left next to right (ending weight on left)

**TAG : Dance this 8 counts after the walls 2 & 6 (at 6:00)**

## [1-8] LARGE STEP DIAGONALLY FWD & DRAG (R & L), WALKS BACK x 2, BACK ROCK

1-2            Large right step diagonally right fwd, Drag left next to right  
3-4            Large left step diagonally left fwd, Drag right next to left  
5-6            Walk back on right, walk back on left  
7-8            Rock back on right, recover on left

**ENJOY & HAVE FUN !!**