

Underdog

拍数: 32 墙数: 4 级数: Advanced
编舞者: Hiroko Carlsson (AUS)
音乐: Underdog - Valley Of Wolves : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 16 counts)

[S1] Back-Lock-Back w/ Sweep 1/4R, Sailor-Point-Ball, Cross Shuffle-Ball-Heel Grind 1/4L-Side-Behind-Side Rock

1&2 Step back on L, Lock R over L, Step back on L sweeping R around and start making a ¼ turn right (3:00)
3&4& Step R behind L, Step L to the side, Point R to the side, Ball step R in place
5&6& Cross L over R, Step R close to L, Cross L over R, Ball step R close to L
7& L heel grind making a ¼ turn left (12:00), Step R to the side
8&1 Step L behind R, Rock R to the side, Replace weight on L

[S2] Behind-1/4L-Fwd w/ Lift 1/2L, Fwd-Fwd, Rocking Chair, Fwd-1/2R Close-Tap-Ball

2& Step R behind L, Make a ¼ turn left stepping forward on L (9:00)
3 Step forward on ball of R making a ½ turn left/lifting L foot forward
4& Run forward on L-R
5&6& Rock forward on L, Replace weight on R, Rock forward on L, Replace weight on R
7 Step forward on L making a ½ turn right/dragging R close to L (9:00)
8& Tap R next to L, Step forward on R

[S3] Fwd w/ Sweep, Cross-Side-Behind Rock-Side-Together-1/4R, Full Turn-Step-Pivot 1/4R-Cross-Side

1 2& Step forward on L sweeping R around, Cross R over L, Step L to the side
3&4& Rock R behind L, Replace weight on R, Step R to the side, Step L next to R
5 Make a ¼ turn right stepping forward on R (12:00)
6& Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R
7& Step forward on L, Make a ¼ turn right recover weight on R (3:00)
8& Cross L over R, Step R to the side

[S4] Behind w/ Sweep, Behind-1/4L-Fwd Rock-1/2R Run-Run, Step-Pivot, Chase Turn 1/2L-3/4L Sweep

1 Step L behind R sweeping R around
2& Step R behind L, Make a ¼ turn left stepping forward on L (12:00)
3& Rock forward on R, Replace weight on L making a ½ turn right (6:00)
4& Run forward on R-L
5 6 Step forward on R, Make a ½ turn left recover weight on L (12:00)
7& Step forward on R, Make a ½ turn left recover weight on L (6:00)
8 Make a ¼ turn left stepping back on R continue making a ½ turn left/sweeping L around (9:00)

2 counts Tag (12:00): At the end of Wall 4: Reverse Rocking Chair

Ending suggestion: The last wall starts at 6:00 o'clock. Dance until S4 count 6 (6:00), then change to "Chase Turn 1/2L-Run-Run-Run" to the front.

(updated: 26/Feb/23)