

Born On The Bayou

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Low Intermediate WCS
编舞者: Cindy Hady (USA) - March 2023
音乐: Born On The Bayou - Creedence Clearwater Revival : (Album: The Singles Collection)



32 count Intro Start on lyrics

Weight L (dance travels clockwise) - Dance ends at (12:00) after the 1st 16cts (coaster) as the music fades out

*2 Restarts

*1 Tag

Choreographers note: This dance is choreographed to the shorter version of the song; 3:50 in length (CCR: The Singles Collection)

WALK -WALK, ANCHOR STEP, BACK-BACK, ROCK & CROSS

1 - 2 Walk forward on right, Walk forward on left,
3 & 4 Lock right behind left, Step weight on left, Step slightly back on right
5 - 6 Walk back on left, Walk back on right
7 & 8 Side rock to left, Recover on right (&), Cross left over right

*RESTART (2)

BACK-SIDE, CROSS & CROSS, ¼ TURN - ½ TURN, COASTER CROSS

1-2 Step back on right behind left (push hips back), step to left side (slightly in L diagonal)
3 & 4 Cross right over left, Step ball of left to left side (&), Cross right over left
5 - 6 ¼ Turn left (to 9:00) on left, Step back ½ turning left on right (to 3:00)
7 & 8 Step back on left, Close right next to left (&), Cross left over right (3:00)

*RESTART (1)

¼ MONTEREY TURN, ROCK & CLOSE, SIDE-TOG, BACK PONY STEP

1-2 Point right to right side, ¼ turn right recover weight on right (to 6:00)
3 & 4 Side rock left, recover on right (&), Close left next to right
5- 6 Step right side, Close left next to right
7 & 8 Step right back, Touch ball of left beside right (&), Step right in place (6:00)

REVERSE ANCHOR, WALK-WALK, KICK-STEP-POINT, SAILOR ¼ TURN

1 & 2 Lock left behind right, Step weight on right (&), Step slightly back on left
3 - 4 Walk forward on right, Walk forward on left
5 & 6 Kick right forward, Step right next to left (&), Point left to left side
7 & 8 ¼ Turn left cross left behind right, step right to right (&), step left on left (3:00)

*Arms option: Add rolling arms (@chest level) on Reverse Anchor

*RESTART (1) Wall 2 - Start (3:00) dance 16cts (coaster forward, don't cross) and Restart facing (6:00)

*RESTART (2) The long instrumental begins at (12:00). You'll do a full rotation of the dance (4 full walls) 32cts each. When you return to (12:00) again, you'll dance 8 cts and Restart facing (12:00) on the lyrics.

*TAG 8 cts end of Wall 3 - Start facing (6:00) End facing (9:00) add TAG

Kick R, Step, Point L, Kick L, Step, Point R, Sailor R, Sailor L

1 & 2, 3 & 4

5 & 6, 7 & 8 (9:00)

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