

No Body

拍数: 32 墙数: 4 级数: Beginner
编舞者: Gianni Hook Valassi (IT) - March 2023
音乐: No Body - Blake Shelton



(1) ROCK R SIDE / SHUFFLE R / ROCK BACK L

1 - 2 step R side – recover
3 - 4 step R side – recover
5 & 6 step R side – together – step R side
7 - 8 step L back – recover

(2) ROCK L SIDE / SHUFFLE L / ROCK BACK R

1 - 2 step L side – recover
3 - 4 step L side – recover
5 & 6 step L side – together – step L side
7 - 8 step R back – recover

(3) PIVOT TURN / SLIDE R SIDE / ROCK BACK L

1 - 2 step R forward – ½ turn
3 - 4 step R forward – ½ turn
5 - 6 big step R side – together
7 - 8 step L back – recover

(4) TOUCH x 4 / SLIDE L SIDE / STEP CROSS ¾ TURN

1-2 touch L side – touch L cross over R
3-4 touch L side – touch L cross over R
5-6 big step L side – together
7-8 cross R over L – ¾ turn L
