

Dance for John & Yoko

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Beginner
编舞者: Poppy Yusmeida (INA) & Judi Rifa (INA) - March 2023
音乐: The Ballad of John & Yoko - Ameritz - Tributes



Start after 8 counts (approx. 5 sec)

*1 Tag (2c) on wall-4 after 32c, then Restart

S1 : TOE STRUTS IN PLACE R/L, HEELS FAN 2x

1-2 Toe RF fwd, Together RF beside LF
3-4 Toe LF fwd, Together LF beside RF
5-6 Fan both heels out, Fan both heels in
7-8 Fan both heels out, Fan both heels in

S2 : VINE WITH HEEL TOUCH R/L

1-2-3-4 Step RF to side, Cross LF behind RF, Step RF to side, Touch LF Heel diag fwd
5-6-7-8 Step LF to side, Cross RF behind LF, Step LF to side, Touch RF Heel diag fwd

S3 : K-STEP WITH CLAP HANDS

1-2 Step RF diag fwd, Touch LF beside RF with clap hands
3-4 Step LF diag back, Touch RF beside LF with clap hands
5-6 Step RF diag back, Touch LF beside RF with clap hands
7-8 Step LF diag fwd, Touch RF beside LF with clap hands

S4 : FWD/BACK TOUCH WITH SHIMMY R/L

1-2 Step RF fwd with bend knee and shimmy shoulder, Touch LF behind RF
3-4 Step LF back with shimmy shoulder, Touch RF beside LF
5-6 Step RF fwd with bend knee and shimmy shoulder, Touch LF behind RF
7-8 Step LF back with shimmy shoulder, Touch RF beside LF

S5 : ROLLING VINE WITH TOUCH R/L

1-2-3-4 Turn ¼ R step RF fwd, Turn ½ R step LF back, Turn ¼ R step RF to side, Touch LF beside RF
5-6-7-8 Turn ¼ L step LF fwd, Turn ½ L step RF back, Turn ¼ L step LF to side, Touch RF beside LF

S6 : V-STEP RF 2x

1-2 Step RF out, Step LF Out
3-4 Step RF in, Step LF in
5-6 Step RF out, Step LF Out
7-8 Step RF in, Step LF in

S7 : JUMP OUT/IN 2x WITH CLAP HANDS

&1-2 Step RF out (&), Step LF out (1), Hold (2) with clap hands above head
&3-4 Step RF in (&), Step LF in (3) Hold (4) with clap hands
&5-6 Step RF out (&), Step LF out (5), Hold (6) with clap hands above head
&7-8 Step RF in (&), Step LF in (7) Hold (8) with clap hands

S-8 : RF ROCKING CHAIR, PIVOT ¼ L TURN 2x

1-2 Rock RF fwd, Recover on LF
3-4 Rock RF back, Recover on LF
5-6 Step RF fwd, Turn ¼ L in-place weight on LF
7-8 Step RF fwd, Turn ¼ L in-place weight on LF

Make your dance fun...

Email : geusanulunstudio@gmail.com
