

Bailando

COPPERKNOB
STEPSHETS

拍数: 32 墙数: 2 级数: High Improver/Low Intermediate
编舞者: Brianna Bench (USA) & Katee Smith (USA) - March 2023
音乐: Bailando (feat. Descemer Bueno & Gente de Zona) - Enrique Iglesias



Intro: 48 counts (26 seconds)
Re-start: Wall 5 after 16 counts
No Tags !!

(1-8) Side Steps, 1/4 turn Mambo, Back Slides, 1/2 Back Spin

1-2& Step RF to the R, Touch LF to RF, Step LF to the L, Touch RF to LF
3-4& ¼ turn to L while Mambo RF forward, Step Back onto RF
5-6& Slide LF Around Front to Back, Step Back on LF, Slide RF Around Front to Back
7-8& Point R Toe Behind LF Putting Weight on Toe, 1/2 Back, Bring Feet Together

(9-16) Press Step, Knee Pops, Coaster Step, Hitch, In/Out Knee Pops

1-2& Step FWD on RF, Press Step LF Forward
3-4& Lean Back on RF, Step Back Onto LF Popping Right Knee
5-6& Step Back RF, Bring RF to LF, Hitch RF While Making 1/4 Turn
7-8& Turn Both Heels In and Knees Out, Turn Both Toes In and Knees In

**** Re-start: happens after 16 counts on wall 5: in/out knee pops then restart with side steps**

(17-24) Sailor Step, 1/4 Turn, 1 Spin, 1/2 of the Bachata

1-2& Cross LF behind RF While Making a 1/4 Turn Stepping with LF
3-4& Weight on LF, Make a Full Turn
5-6& Point RF FWD, Touch RF to LF
7-8& Point RF Back, Touch RF to LF

(25-32) 1/2 Bachata, Paddle Turns

1-2& Step RF to R, Touch RF back to center
3-4& Step LF to L, touch LF back to center
5-6& Keeping weight on LF, paddle 1/4 to left touching RF to R, paddle 1/4 to left touching RF to R
7-8& Keeping weight on LF, paddle 1/2 left touching RF to R, paddle 1/2 to left touching RF to R

Last Update - 22 Mar 2023