

Break Free From Your Lies

COPPERKNOB
STEPSHETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Imam Wahyudi (INA) - March 2023
音乐: I Want to Break Free - Die Campbells : (Album: Top 20 Sokkie Teffers)



Start on vocals - Intro: 40 counts

*1X Tag 8 counts on wall 2 facing (3:00)

**1X Tag & restart on wall 5 after 16 counts facing (6:00)

*** 1X Restart on wall 7 after 32 counts facing (12:00)

SEC.I-STEP LOCK FWD RIGHT DIAG. LOCK SHUFFLE FWD RIGHT DIAG. STEP LOCK FWD LEFT DIAG. LOCK SHUFFLE FWD LEFT DIAG.

- 1- Step RF fwd Right diagonal
- 2- Lock LF behind RF
- 3- Step RF fwd Right diagonal
- &- Lock LF behind RF
- 4- Step RF fwd Right diagonal
- 5- Step LF fwd Left diagonal
- 6- Lock RF behind LF
- 7- Step LF fwd Left diagonal
- &- Lock RF behind LF
- 8- Step LF fwd Left diagonal

SEC.II-PIVOT 1/4 TURN LEFT, CROSS, 3/4 TURN RIGHT (ROLLING FWD) STEP, SHUFFLE FWD

- 1- Step RF fwd
- 2- Pivot 1/4 turn Left
- 3- Cross RF over LF
- 4- Make a 1/4 turn Right stepping LF back
- 5- Make a 1/2 turn Right stepping RF fwd
- 6- Step LF fwd
- 7- Step RF fwd
- &- Step LF next to RF
- 8- Step RF fwd

SEC.III-JAZZ BOX 1/4 TURN LEFT, CROSS, SIDE CROSS, BEHIND-SIDE-CROSS

- 1- Cross LF over RF
- 2- Step RF back
- 3- Make a 1/4 turn Left step LF to Left side
- 4- Cross RF over LF
- 5- Step LF to Left side
- 6- Recover on RF
- 7- Cross LF behind RF
- &- Step RF to Right side
- 8- Cross LF over RF

SEC.IV-CROSS WITH HITCH, 1/2 TURN RIGHT, CROSS, SIDE, TAP BEHIND & 1/2 TURN LEFT, BRUSH

- 1- Cross RF over LF with hitch
- 2- Make a 1/4 turn Right stepping LF back
- 3- Make a 1/4 turn Right step RF to Right side
- 4- Cross LF over RF
- 5- Step RF to Right side

- 6- Tap LF toe behind RF
- 7- Make a 1/2 turn Left drop LF heel
- 8- Brush RF fwd

SEC.V-CROSS-FWD-POINT 2X, CROSS-BACK-POINT 2X

- 1- Step RF fwd & cross
- 2- Point LF toe to Left side
- 3- Step LF fwd & cross
- 4- Point RF toe to Right side
- 5- Step RF back & cross
- 6- Point LF toe to Left side
- 7- Step LF back & cross
- 8- Point RF toe to Right side

SEC.VI-HEEL GRIND 1/2 TURN RIGHT, COASTER STEP, HELL GRIND 1/2 TURN LEFT, COASTER STEP

- 1- Touch RF heel fwd & grinding to Right
- 2- Make a 1/2 turn Right stepping LF back
- 3- Step RF back
- &- Step LF next to RF
- 4- Step RF fwd
- 5- Touch LF heel fwd & grinding to Left
- 6- Make a 1/2 turn Left stepping RF back
- 7- Step LF back
- &- Step RF next to LF
- 8- Step LF fwd

***1x Tag 8 counts on wall 2 facing (3:00)**

PIVOT 1/2 TURN LEFT 2X, TAP DIAG. HOLD (4 COUNTS)

- 1- Step RF fwd
- 2- Pivot 1/2 turn Left
- 3- Step RF fwd
- 4- Pivot 1/2 turn Left
- 5-8 Tap RF toe fwd Right diagonal Hold, up to 4 counts & open your
Right hand and Left and kick them parallel to your hips facing diagonal

****1x Tag & restart on wall 5 after 16 counts facing (6:00)**

TOGETHER, TAP DIAG. HOLD (4 COUNTS)

- &- Together LF next to RF
- 1-4 Tap RF toe fwd Right diagonal Hold, up to 4 counts & open your
Right hands and Left and kick them parallel to your hips facing diagonal

*****1x Restart on wall 7 after 32 counts facing (12:00)**

**FINISH: End of this dance on wall 9 after 8 counts and in closing,
Follow the next 14 counts step**

SEC.I- PIVOT 1/4 TURN LEFT, CROSS, FULL TURN RIGHT

- 1- Step RF fwd
- 2- Pivot 1/4 turn Left
- 3- Cross RF over LF
- 4- Make a 1/4 turn Right stepping LF back
- 5- Make a 1/2 turn Right stepping RF fwd
- 6- Make a 1/4 turn Right close LF beside RF

SEC.II- STEP FWD, DRAG/SLIDE TOUCH, HIP BUMPS, STEP BACK, DRAG/SLIDE TOUCH, HIP BUMPS

- 1- Step RF fwd

- 2- Drag/slide LF next to RF & touch
- 3- Bump hips Right
- &- Bump hips Left
- 4- Bump hips Right (weight on RF)
- 5- Step LF back
- 6- Drag/slide RF next to LF & touch
- 7- Bump hips Left
- &- Bump hips Right
- 8- Bump hips Left (weight on LF)
- &- Pose!

Enjoy & have fun!

Contact: imam60387@gmail.com
