

Just Show Me (DXP Benidorm 2023)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Easy Improver
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音乐: Show Me What You Got - Ricky Cage



Intro: 32 counts, start approx 11 sec. - No Tags or Restarts

S1: [1-8] R Side, L Sailor Step, R Lock Step ¼ L, R Mambo Step, L Coaster Step.

1 RF step R (1).
2&3 LF step behind RF (2), RF step R (&), LF step L (3).
&4 RF lock behind LF (&), LF step fwd with ¼ turn L (9.00) (4).
5&6 RF mambo fwd (5), LF revover (&), RF step slightly back (6).
7&8 LF step back (7), RF step beside LF (&), LF step fwd (8).

S2: [9-16] 2x R Side Points ¼ L, R Kick, R Out, L Out, L Hip Bump, R Hip Bump, Syncopated Hip Bumps L, R, L.

1,2 RF point out to right with ¼ turn left (6.00) (1), RF point out to right with ¼ turn left (3.00) (2).
3&4 RF kick fwd (3), RF step out to right (&), LF step out to left (4).
5,6 Bump L hip to left (5), Bump R hip to right (6).
7&8 Bump L hip to left (7), Bump R hip to right (&), Bump L hip to left (8).

S3: [17-24] R Kick Fwd, Syncopated Side Points L, R, L Together, L Heel Dig, L Behind, R Side ¼ R, L Step, R Heel Dig Twice.

1& RF kick fwd (1), RF step in place (&).
2& LF point out to left (2), LF step beside RF (&).
3&4 RF point out to right (3), Rf step beside LF (&), R heel touch diagonal fwd (4).
5&6 LF step behind RF (5), RF step to right with ¼ turn right (6.00) (&), LF step fwd (6).
7,8 R heel touch diagonal fwd (7), R heel touch diagonal fwd (8).

S4: [25-32] R Half Rumba Box, L Mambo Step, R Side, L Stomp Together, L Side, Heel & Toe Swivel in, R Small Knee Lift.

1&2 RF step to right (1), LF step beside RF (&), RF step fwd (2).
3&4 LF Mambo fwd (3), RF Recover (&), LF step slightly back (4).
5&6 RF step to right (5), Stomp LF beside RF (&), LF step to left (6).
7&8 Swivel R heel in (7), Swivel R toe in (&), Lift R knee up (8).

REPEAT THE DANCE AND HAVE FUN!!