

Ding Ding

拍数: 32 墙数: 4 级数: Beginner
编舞者: Annette Badenhorst (SA) - March 2023
音乐: Axel F - Crazy Frog



Choreographed for "Boogie in the Boland 2023"

Intro: 32 Counts

No Tags or Restarts, but...

On wall 5, starting at 12:00 the music will be silent for 16 counts.
Keeping the same pace just carry on with the dance. DONT STOP
The music will start falling back in on count 17 with the rocking chair.

Section 1. (1-8) K-STEP

1, 2 Step R to R diagonal fwd, Touch L next to R
3, 4 Step L to L diagonal back, touch R next to L
5, 6 Step R to R diagonal back, Touch L next to R
7, 8 Step L to L diagonal fwd, Touch R next to L - [12:00}

Section 2. (9-16) 2 X 1-4 PIVOT TURNS, FWD, TOGETHER, HEEL SPLITS

1, 2 Step R fwd, ¼ turn to L end with weight on L - [09:00]
3, 4 Step R fwd, ¼ turn to L end with weight on L - [06:00]
5, 6 Step R fwd, Step L next to R
&7&8 Keep your toes together, swivel your heels open (&), and close (7), open (&), and close (8)
(Think of Dorothy of the wizard of Oz clicking her heels together to go home on beats 7 - 8)

Section 3. (17-24) ROCKING CHAIR, ¼ JAZZ BOX CROSS

1, 2 Rock R fwd, Recover to L,
3, 4 Rock R back, recover to L,
5, 6 Cross R over L, Turn ¼ to R by stepping L back, - [09:00]
7, 8 Step R to R, Cross L over R

Section 4. (25-32) SIDE STRUT, CROSS STRUT, SIDE, TOGETHER, KNEE POPS.

1, 2 Touch R toe slightly to R, Lower R heel
3, 4 Cross L toe across R, Lower L heel
5, 6 Step R to R, Step L next to R
&7 Lift both heel and pop knees fwd (&), Lower heels (7)
&8 Lift both heel and pop knees fwd (&), Lower heels (8)

HAVE FUN!!