

Perfectly Loved / EZ Perfectly Loved

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Improver / Intermediate
编舞者: Mark Furnell (UK) & Chris Godden (UK) - March 2023
音乐: Perfectly Loved (feat. TobyMac) - Rachael Lampa



32 Counts, 2 Walls, Intermediate Level Dance & 16 Count 4 wall optional Improver

Intro: Start at approx.. 2 secs

SEC 1 3 Count Jazz Box, Step ½ Pivot, Twinkle, ¼ Twinkle, Cross Rock, Step Hitch, Press

- 1&a Cross right over left, step left back, step right to right
- 2 Step left forward pivot ½ right keeping weight on left (6:00)
- 3&a Cross right over left, step left to left, step right to right
- 4&a Cross left over right, turn ¼ left step right to right, step left to left (3:00)
- 5-6 Cross rock right over left, recover weight onto left
- 7-8 Cross right over left hitching left knee, press left forward

IF YOU ARE DANCING THE 16 COUNT VERSION Restart Here on Walls 4 and 10, on count 8 step left forward sweeping right from back to front

SEC 2 Sailor Step, Back Hitch, Sailor Step, Weave, ⅙ Step, ½ Pivot, ½ Pivot, ⅝ Step Sweep

- 1&a Step right behind left, step left to left, step right to right
- 2 Step left behind right hitching right knee from front to back
- 3&a Step right behind left, step left to left, step right to right
- 4&a Step left behind right, step right to right, cross left over right
- 5-6 Turn ⅙ right step right forward, pivot ½ left transferring weight onto left (10:30)
- 7 Pivot ½ right transferring weight onto right (4:30)
- 8 Pivot ⅝ left transferring weight onto left sweeping right from back to front (9:00)

End of dance for 16 count 4 wall improver

SEC 3 Twinkle, Cross Sweep, Cross, ¼ Back, Side, Cross Rock Side, Cross Rock, Step Hitch, Press

- 1&a Cross right over left, step left to left, step right to right
- 2 Cross left over right sweeping right from back to front
- 3&a Cross right over left, turn ¼ right step left back, step right to right (12:00)
- 4&a Cross rock left over right, recover weight onto right, step left to left
- 5-6 Cross rock right over left, recover weight onto left
- 7-8 Cross right over left hitching left knee, press left forward

Restart Here on Walls 2 and 5, on count 8 step left forward sweeping right from back to front

SEC 4 Back Sweep, Behind, ¼ Step, Step, ½ Pivot, ¼ Side, Sailor Step, Behind, ⅙ Rock, Recover, Step, ⅝ Step Sweep

- 1 Step right back sweeping left from front to back
- 2& Step left behind right, turn ¼ right step right forward (3:00)
- a3& Step left forward, pivot ½ right transferring weight onto right, turn ¼ right step left to left (12:00)
- a4&a Step right behind left, step left to left, step right to right, step left behind right
- 5-6 Turn ⅙ right rock right forward, recover weight onto left (1:30)
- 7-8 Step right forward, turn ⅝ left step left forward sweeping right from back to front (6:00)

Ending After 6 counts of wall 7, Cross right over left turn ¾ right sweeping right from back to front

Last Update: 7 Mar 2023

