

Half Past Noon

拍数: 32 墙数: 2 级数:
编舞者: Pat Esper (USA) - March 2023
音乐: Dad's Pontoon (feat. Colt Ford & Outlaw) - Moonshine Bandits



No tags/restarts

[1-8]: Step, Touch, Step, Touch, Vine to a triple

- 1-2. Step the right foot to the side. Touch the left foot next to the right
- 3-4. Step the left foot to the side. Touch the right foot next to the left.
- 5-6. Step the right foot to the side. Step the left foot behind the right.
- 7&8. Step the right foot to the side, Step the left foot next to the right, Step the right foot to the side.

[9-16]: Cross rock, Recover, Triple, Vine, Quarter turn

- 1-2. Rock the left foot over the right. Recover on the right.
- 3&4. Step the left to the side, Step the right foot next to the right, Step the left foot to the side.
- 5-6. Step right foot over the left. Step the left foot to the side.
- 7-8. Step the right foot behind the left. Turn a quarter turn to the left stepping forward on the left.

[17-24]: Step, Pivot, Turn side, Behind, Quarter step, Pivot, Step

- 1-2. Step forward on the right foot. Pivot a half turn over the left shoulder.
- 3-4. Continue pivoting a quarter turn over the left shoulder while stepping the right foot to the side. Step the left foot behind the right.
- 5-6. Turn a quarter turn over the right shoulder stepping the right foot forward. Step forward on the left foot.
- 7-8. Pivot a quarter turn over the right shoulder. Step forward on the left foot.

[25-32]: Rocking chair, Walking hip bump, Walking hip bump

- 1-2. Rock forward on the right foot. Recover on the left foot.
 - 3-4. Rock back on the right foot. Recover on the left foot.
 - 5&6. Step forward on the right foot bumping the hips to the right, Bump the hips to the left, Bump the hips to the right.
 - 7&8. Step forward on the left foot bumping the hips to the left, Bump the hips to the right, Bump the hips to the left.
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