Shivers Bachata 2023

拍数: 32 **墙数:** 4 **级数:** Beginner
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音乐: Shivers (Bachata Version) (feat. Damantio) - Dj Venot

Intro:32 Counts ,start with vocal “heart”
****No tag No restart!**

SEC1:SIDE ROCK,RECOVER,CROSS , SIDE ROCK ,RECOVER, CROSS,SIDE ROCK , RECOVER

1 2	Rock RF to side ,recover on L
3 4 5	Cross RF over LF , rock LF to L side , recover on R
6 7 8	Cross LF over RF , rock RF to R side, recover on L

SEC2:FWD TOUCH(R-L),STEP BACK,KICK (R-L)

1 2	Step RF fwd,touch LF next to RF with hip bump
3 4	Step LF fwd ,touch RF next to LF with hip bump
5 6	Step RF back, kick LF fwd
7 8	Step LF back, kick RF fwd

SEC3:COASTER STEP, TOUCH ,SIDE , BEHIND ,1/4 TURN L FWD ,TOUCH

1 2 3 4	Step RF back ,step LF next to RF, step RF fwd , touch LF next to RF
5 6 7 8	Step LF to L ,step RF behind LF ,1/4 turn L , step LF fwd ,touch RF next to LF (9:00)

SEC4:STEP ,TOUCH WITH HIP ROLLS / BUMPS (R-L) , FIGURE 8 WITH HIPS

1 2	Step RF to R with rolling hips from L to R , bump L hip
3 4	Step LF on L with rolling hips from R to L , bump R hip
5 6 7 8	Step RF to R with hip roll from R front to back ,weight shift to L , roll hips from back to front L ,weight shift to R, hip roll from R front to back ,weight shift to L , roll hips from back to front L

****(Optional for count 5-8 , you can do :step to R with sways R-L-R-L)**

Have Fun and Happy Dancing!

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