

Shape of My Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Suki Choi (KOR) & Sally Hung (TW) - March 2023
音乐: Shape of My Heart (Radio Edit) - DJ Dark & Mose N



Tag (2 counts), after finishing S2 of Wall 8, facing 6:00

1,2 Step L to L side, Touch R beside L

Main Dance (32 counts)

S1. SIDE, TOGETHER, FWD, FWD ROCK, RECOVER, 1/4 L, STEP, LOCK, STEP LOCK, STEP

1&2 Step R to R side, Step L next to R, Step R fwd

3&4 Rock L fwd, Recover on R, 1/4 turn L stepping L fwd

5,6,7&8 Step R fwd, Lock step L behind R, Step R fwd, Lock step L behind R, Step R fwd

S2. STEP BACK, TOUCH, DIAGONAL BACK SHUFFLE, TOUCH L. UNWIND 1/2 TURN L, MAMBO FWD

1,2 Step back to L diagonal, Touch R next to L

3&4 Shuffle back to R diagonal stepping R-L-R

5,6 Touch L behind R, Unwind 1/2 turn L (weight on L)

7&8 Rock fwd R, Rock back onto L, Step back R

S3. SIDE, TOGETHER, SIDE ROCK, RECOVER, CROSS, ROCK X4

1,2 Step L to L side, Step R next to L

3&4 Rock L to L side, Recover on R, Cross L over R

5,6,7,8 Step R to side and rock R to R side, Recover onto L, Rock R to R side, Recover onto L

S4. FWD, PIVOT 1/2 TURN L, FWD, PIVOT 1/4 TURN L, JAZZ BOX W/ 1/4 TURN R

1,2,3,4 Step R fwd, Pivot 1/2 turn L, Step R fwd, Pivot 1/4 turn L

5,6,7,8 Cross R over L, 1/4 turn R stepping back on L, Step R to R side, Step L over R

Enjoy!

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