

If This Is Goodbye

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Intermediate
编舞者: Marleen Roman (BEL) - 2021
音乐: If This Is Goodbye - Mark Knopfler & Emmylou Harris



Intro: 16 count

Sectie 1: WALK, WALK, LOCK STEP, ROCK fwd, ½ turn SHUFFLE

1-2-3&4 R STEP fwd - L STEP fwd - R STEP fwd/LOCK L/ R STEP fwd
5-6-7&8 L ROCK fwd - RECOVER on R - ½ turn SHUFFLE

Sectie 2: SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, BEHIND/SIDE/STEP 1/2 TURN

1-2-3&4 R SIDE ROCK - RECOVER on L - CROSS SHUFFLE
5-6-7&8 L SIDE ROCK - RECOVER on R - L BEHIND/R SIDE/TURN 1/2

Sectie 3: SIDE ROCK, SAILOR STEP, SIDE STEP, STEP 1/2 TURN, CROSS SHUFFLE

1-2-3&4 R SIDE ROCK - RECOVER on L - R BEHIND/ L SIDE/ R SIDE
5-6-7&8 L SIDE STEP - STEP ½ TURN R - CROSS SHUFFLE

Sectie 4: MONTEREY TURN 1/2, SCISSOR STEPS X 2

1-2-3-4 R SIDE TOUCH - ½ TURN on LF - L SIDE TOUCH - LF next to RF
5&6-7&8 R SIDE STEP - L next to R - R CROSS STEP L SIDE STEP - R next to L - L CROSS STEP

* Tag and Restart after wall 3.

Sectie 5: STEP FWD, STEP BACK ½ TURN, COASTERSTEP, SWAY, SWAY ¼ TURN BACK

1-2- 3&4 R STEP fwd - L STEP BACK ½ TURN - COASTERSTEP
5-6-7-8 SWAY - SWAY ¼ TURN BACK

Sectie 6: EXTENDED VINE with CROSS, SIDE ROCK, CROSS SHUFFLE

1&2&3&4& SIDE/BEHIND/SIDE/CROSS/SIDE/BEHIND/SIDE/CROSS
5-6-7&8 R SIDE ROCK - RECOVER on L - R CROSS SHUFFLE

Sectie 7: L ROCK FWD & BACK, R ROCK BACK & FWD, SWEEP, SWEEP, MAMBO

1&2-3&4 L ROCK fwd - RECOVER on R - L STEP BACK - R ROCK back - RECOVER on L - R STEP
together
5-6-7&8 L STEP fwd SWEEPING from back to front - R STEP fwd SWEEPING from back to front - L
ROCK fwd - Recover on R - L next to R

Sectie 8: STEP BACK, DRAG, PIVOT ¼ TURN, JAZZ BOX, KICK BALL CHANGE

1-2-3-4 R STEP back - L DRAG - PIVOT ¼ turn (Step R fwd - L step ¼ turn)
5-6-7&8 R CROSS L - L STEP back - KICK BALL CHANGE

Restart: After wall 3 at section 4 after the Monterey turn : TAG: sway x 6 and then RESTART after the second tap of the drum.