

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Tom Inge Soenju (NOR) - January 2023
音乐: Livin' On Love - Alan Jackson
或: Sway - The Pussycat Dolls



Note: Alternative music: "Sway" by The Pussycat Dolls or any track you can use straight counts on.

Intro: 32 counts.

Sequence: Repeating sequence.

Tag/Restart: No tags or restarts

End: Dance as normal until music ends.

SECTION 1: CHASSE-TOUCH X2 (R/L)

1-2-3-4 Step RF to R side, Step LF next to RF, Step RF to R side, Touch LT next to RF
5-6-7-8 Step LF to L side, Step RF next to LF, Step LF to L side, Touch RT next to LF

SECTION 2: K-STEPS

1-2 Step RF fwd to R diagonal, Touch LT next to RF (Optional: Clap on touch)
3-4 Step LF back to L diagonal, Touch RF next to LF (Optional: Clap on touch)
5-6 Step RF bac to R diagonal, Touch LT next to RF (Optional: Clap on touch)
7-8 Step LF fwd to L diagonal, Touch RF next to LF (Optional: Clap on touch)

SECTION 3: WALK X3, KICK, WALK B X3, TOUCH

1-2-3-4 Step RF fwd, Step LF fwd, Step RF fwd, Kick LF fwd
5-6-7-8 Step LF back, Step RF back, Step LF back, Touch RT next to LF

SECTION 4: 2X2 HIP BUMPS (R/L), ¼ L TURN WITH 4 SWAYING HIP BUMPS

1-2 Step RF to R side and push R hip to R side, Push R hip to R side
3-4 Transfer weight onto LF and push L hip to L side, Push L hip to L side
5-6-7-8 Step RF to R side, LF to L, RF to R and LF to L using swaying/hip bumping motion turning slightly to L each sidestep making a total of ¼ L turn [09:00].

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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