

Am I Ready AB

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: Suzi Beau (ENG) - March 2023
音乐: 2 Be Loved (Am I Ready) - Lizzo

级数: Absolute Beginner



Section 1 Tap R Heel , L Heel, R Heel, L Heel

1 2 Tap R heel forward, Step R beside L
3 4 Tap L Heel forward, Step L beside R
5 6 Tap R heel forward, Step R beside L
7 8 Tap L Heel forward, Step L beside R

Section 2 Side Together Side Together Twist Heels

1 2 Step R to R side, Close L to R
3 4 Step R to R side, Close L to R
5 6 Twist heels L, Twist to Centre
7 8 Twist heels L, Twist to Centre

Section 3 Vine ¼ Hitch, Walk R, L, R Hitch

1 2 Step L to L side, Step R behind L,
3 4 Turn ¼ L stepping forward L, Hitch R
5 6 Walk forward R , L
7 8 Walk forward R Hitch L

Section 4 Back Touch x 3 , Stomp R, L

1 2 Step back on L, Touch R by L (Clap)
3 4 Step back on R, Touch L by R (Clap)
5 6 Step back on L, Touch R by L (Clap)
7 8 Stomp R, Stomp L
