

# El Pan De Estefania

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Hiroko Carlsson (AUS) - March 2023  
音乐: El Pan De Estefania - Ryan Castro & SOG : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))

(32 counts intro)

## [S1] Diagonal Walk w/ 1/4L Hitch, Walk w/ 1/4R Hitch

1 2 3      Make a 1/8 turn right (R diagonal) step forward on R, Step forward on L, Step forward on R  
4      Make a 1/4 turn left on ball of R foot/hitch L knee (10:30)  
5 6 7      Step forward on L, Step forward on R, Step forward on L  
8      Make a 1/4 turn right on ball of L foot/hitch R knee (1:30)

## [S2] Walk w/ 1/4L Hitch, Step-Pivot 1/2R, Fwd Rock

1 2 3      Step forward on R, Step forward on L, Step forward on R  
4      Make a 1/4 turn left on ball of R foot/hitch L knee (10:30)  
5 6      Step forward on L, Make a 1/2 turn right recover weight on R (4:30)  
7 8      Rock forward on L, Replace weight on R

## [S3] Walk Back w/ 1/4R Hitch, L Walk Back w/ 1/4L Hitch

1 2 3      Step back on L, Step back on R, Step back on L  
4      Make a 1/4 turn right on ball of L foot/hitch R knee (7:30)  
5 6 7      Step back on R, Step back on L, Step back on R  
8      Make a 1/4 turn left on ball of R foot/hitch L knee (4:30)

## [S4] Walk Back w/ 1/4R Hitch, Back Rock, 1/2L Shuffle Back-Ball 1/8L

1 2 3      Step back on L, Step back on R, Step back on L  
4      Make a 1/4 turn right on ball of L foot/hitch R knee (7:30)  
5 6      Rock back on R, Replace weight on L  
7&8      Making a 1/2 turn left shuffle back on R-L-R (1:30)  
&      Ball step L beside R making a 1/8 turn left (12:00)

Easy option for count 7 and 8 – Make a 1/4 turn left stepping back on R (7), Make 3/8 turn left stepping forward on L (8) (12:00)

## [S5] 3x Paddle Turn, Cross-Samba

1 2      Making a 1/4 turn left step R to the side, Replace weight on L (9:00)  
3 4      Making a 1/4 turn left step R to the side, Replace weight on L (6:00)  
5 6      Making a 1/4 turn left step R to the side, Replace weight on L (3:00)  
7&8      Cross R over L, Rock L to the side, Replace weight on R

## [S6] Cross-Point, Back-Point-Back-Point, Cross-Samba

1 2      Cross L over R, Point R to the side  
3 4 5 6      Cross R behind L, Point L to the side, Cross L behind R, Point R to the side  
7&8      Cross R over L, Rock L to the side, Replace weight on R

## [S7] Step-Pivot 1/2R, R Full Turning Shuffle, Step-Pivot 1/4R

1 2      Step forward on L, Make a 1/2 turn right recover weight on R (9:00)  
3&4      Making a 1/2 turn right shuffle back on L-R-L (3:00)  
5&6      Making a 1/2 turn right shuffle forward on R-L-R (9:00)  
7 8      Step forward on L, Make a 1/4 turn right recover weight on R (12:00)

**[S8] Cross Shuffle, 3/4L Turning Shuffle, Hip-Hip**

- 1&2            Cross L over R, Step R close to L, Cross L over R  
3&4            Making ¼ turn left shuffle back on L-R-L (9:00)  
5&6            Making ½ turn left shuffle forward on R-L-R (3:00)  
7 8            Step R to the side hip sway to the right, Hip sway to the left

**TAG: 6 counts - at the end of Wall 2 (6:00) - Out-Out-In-Together-Cross-Split**

- 1 2            Step diagonally out on R, Step diagonally out on L  
3 4            Step back on R, Step L next to R  
5 6            Cross R over L, Jump slightly off floor landing with feet shoulder-width apart

**Ending suggestion: The last wall starts facing 9:00 o'clock. Dance up to S7 count 6 (6:00).  
Make a 1/2R pencil turn on ball of R foot, Step L together (12:00)**

**(updated: 28/Feb/23)**

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