

# Catch

拍数: 32      墙数: 4      级数: Beginner  
编舞者: M. Vasquez (UK) - February 2023  
音乐: TRUSTFALL - P!nk



---

## Vine R, Vine L with 1/4 turn L, Brush R forward

1-4      Step R to R side, cross L behind R, step R to R side, touch L toe next to R  
5-8      Step L to L side, cross R behind L, turn 1/4 L, brush R forward

## V-Step, Step Out R, Step Out L, Step Back to Centre R, Step Back to Centre L

1-4      Step diagonally out with R, step diagonally out with L, step back R, step back L, bringing feet together  
5-8      Step R to R side, step L to L side, step R back to centre, step L back to centre, bringing feet together

## Slide, Touch, Side, Touch, Step/Rock Backwards, Recover, Stomp R, Stomp L

1-4      Step R to R side, touch L toe next to R, step L to L side, touch R toe next to L  
5-8      Step/Rock back on R, recover forward on L, stomp R, stomp L R Touch, Hook, Step Forward on Diagonal, Slide, L Touch, Hook, Step Forward on

## Diagonal, Slide

1-4      Touch R heel forward to R diagonal, hook R across L, step diagonally forward to R, slide L foot next to R  
5-8      Touch L heel forward to the L diagonal, hook L across R, step diagonally forward to L, slide R foot next to L

---