

# Folsam Prison Blues

拍数: 48                      墙数: 1                      级数: Beginner  
编舞者: Lesley Stewart (SCO) - February 2023  
音乐: Folsam Prison Blues - Johnny Cash



## #8 count intro

### [1-8] Right Toe heel step, Left toe heel step, Right rocking chair, Step 1/2 step

1&2                      R toe, heel, step  
3&4                      L toe, heel, step  
5&6&                      Rock forward on R, recover onto L, rock back on R, recover onto L  
7&8                      Step forward on R, pivot 1/2 turn left, step forward on R

### [9-16] Left toe heel step, Right toe heel step, Left rocking chair, Step 1/2 turn step

1&2                      L toe, heel, step  
3&4                      R toe, heel, step  
5&6&                      Rock forward on L, recover onto R, rock back on L, recover onto R  
7&8                      Step forward on L, pivot 1/2 turn right, step forward on L

### [17-24] Right rumba forward, Hold, Left rumba back, Hold

1-2                      Step R to right, step L next to R  
3-4                      Step forward R, hold  
5-6                      Step L to left, step R next to L  
7-8                      Step back on L, hold

### [25-32] Walk back, Back, Coaster step, Walk forward, Forward, Left shuffle forward

1-2                      Walk back R, L  
3&4                      Step back on R, step L next to R, Step R forward  
5-6                      Walk forward L, R  
7&8                      Step L forward, step R next to L, step L forward

### [33-40] 2x paddle 1/2 turns left, Cross rock step, 2x paddle 1/2 turns R, Cross rock step

1&2&                      1/4 turn L touching R to right side, 1/4 turn L touching R to right side  
3&4                      Cross rock R over L, recover onto L, step R to right  
5&6&                      1/4 turn R touching L to left side, 1/4 turn R touching L to left side  
7&8                      Cross rock L over R, recover onto R, step L to left

### [41-48] Step out, Out, In, In x 2

1-2                      Step R out to right, Step L out to left  
3-4                      Step R to centre, Step L next to R  
5-6                      Step R out to right, Step L out to left  
7-8                      Step R to centre, Step L next to R

Start Again.....Happy Dancing.....□