Mana Bunda Corla

拍数: 32

级数: Beginner

编舞者: Lita Arnanda (INA) - February 2023 音乐: No Comment - Bunda Corla

Intro: 32 Count Tag : Wall 2 & 5

I. TOUCH R L, WALK FORWARD, TOUCH R L, WALK BACKWARD

- 1&2& RF touch forward, RF together, LF touch forward, LF together
- 3&4& RF forward, LF forward, RF forward, LF together
- RF touch forward, RF together, LF touch forward, LF together 5&6&
- RF backward, LF backward, RF backward, LF together 7&8&

II. RHUMBA BOX, VOLTA TO R

- 1&2& RF side to R, LF together, RF forward, hold
- 3&4& LF side to L, RF together, LF backward, hold
- 5&6&7&8 RF side to R, LF together, RF side to R, LF together, RF side to R, LF together, RF side to R

III. RHUMBA BOX, VOLTA TO L

- 1&2& LF side to L, RF together, LF forward, hold
- 3&4& RF side to L, LF together, RF backward, hold
- 5&6&7&8 LF side to L, RF together, LF side to L, RF together, LF side to L, RF together, LF side to L

IV. PADDLE TURN ¼¼¼ TO L, CHARLESTON

- 1&2& RF forward, turn ¼ to L, RF forward, turn ¼ to L
- 3& 4 RF forward, turn 1/4 to L (bring weight to LF), RF together
- 5&6 7&8 RF forward, LF recover, RF together, LF backward, RF recover, LF together

Tag: 2 count (simmiy simmy)

12 RF side to R (bring weight to RF with shake shoulder), bring weight to LF with shake shoulder





墙数:4