

Mapopo

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Caecilia M Fatruan (INA) - February 2023
音乐: Comando Mapopo Syalala - Mavokali (Ft Rayvanny) Remixer Putra Damanik



Dancing starts when the singer sings

Sec 1. PRESS FEET RIGHT SIDE & LEFT SIDE, SAILOR STEP

- 1-2 RF open to the right side and press in place. Both palms open face down beside the waist, while tapping in the air
- 3-4 Do the same 1-2 movement count for the LF
- 5&6 RF behind LF, LF next to RF (&), RF step forward
- 7&8 LF behind RF, RF next to LF(&), LF step forward

Sec 2. SCUFF OUT, HEEL SWIVEL, COUSTER STEP

- 1-2 RF scuff forward, RF step out
- 3-4-5-6 Twist heel of the LF, is moved out in,out in. The hips also sway left right & left right. Left arm raised in front of chest, right thumb finger straight, index finger and middle finger pressed together like a gun, move the gun finger up & down, up & down your left arm.
- 7&8 LF step back, RF close next to LF(&), LF step forward.

Sec 3. VOLTA 225deg TURN RIGHT, TOUCH FRONT & BACK 2X

- 1&2&3-4 RF steps forward to the R side, LF closes beside the RF 12:00 (&), RF steps turn to the R side, LF closes beside the RF 3:00 (&) RF turn to the R side, LF closes beside the RF 6:00 (&) RF step turn to the R side (9.00)
- 5-6-7-8 LF touch forward with Heell, LF touch back, LF touch forward with heel, weight on RF LF step back.

Sec 4. TOUCH PRESS,STEP BACK R&L, WALK FORWARD 2X, &OUT &CROSS

- 1-2-3-4 RF touch press in front, RF backwards, LF touch press in front, LF backwards.
- 5-6 RF step forward, LF step forward.
- &7&8 (&)RF step out, (7)LF step out, (&)RF step back (8)LF cross in front of RF

Tag: 4 Count : At the end of wall 4

- 1-2-3-4 RF step out, LF step out, RF step in, LF step in

Restart : Only 16 count on wall 8

Enjoy this Dance

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Last Update: 26 Feb 2023