Hot Wasabi



拍数: 64

墙数: 0

级数: Phrased Intermediate

编舞者: Ashley Ironside (USA) & Cassie Murphy (USA) - February 2023 音乐: Wasabi - Little Mix

Sequence A tag A B A tag A B

*Long intro, Dance begins 33 seconds into music.

Part A: 32c

Mambo step, step right, step left, dipping body roll.

- 1, 2, 3, 4 Step R to R side, step R next to L, step L to L side, step L next to R.
- 5-6 Step R to R side, step L to L side.
- 7-8 1/8 turn R, bend knees and body roll.

Cross rock, shuffle, side, behind, slide, hitch.

- 1-2 cross L over R, recover weight on R.
- 3&4 1/4 turn L, shuffle L forward, R next to L, L forward.
- 5-6 1/4 turn over L shoulder stepping R to R side L foot behind R.
- 7-8 slide R hitch L knee up.

Funky weave, point forward, point side, body roll.

- 1-2 cross L over R pop R knee, step R to right side pop L knee.
- 3-4 cross L behind R pop R knee, step R to right side pop L knee.
- 5-6 point L forward point L to L side.
- 7-8 1/4 L body roll.

Rock recover, shuffle, full turn, shuffle.

- 1-2 rock back L recover R.
- 3&4 shuffle L forward, R next to L, L forward.
- 5-6 full turn over R shoulder stepping R then L.
- 7&8 shuffle R forward, L next to R, R forward.

Part B: 32c

Touch, Flick, Step, Sweep, Jazz box

- 1-2 touch L forward flick L up to L side.
- 3-4 step L forward, sweep R foot from back to front.
- 5,6,7,8 1/4 over R shoulder, cross R in front of L, step L back, step R to R side, cross L over R.

Slide, Suzie Q's, sailor

- 1-2 slide R
- 3,4,5,6 cross L foot over R grinding L heel, step right to right side, cross L foot over R grinding L heel, step right to right side (Suzie Q's)
- 7&8 1/2 over R shoulder, step R behind L, L next to R, R to R side.

Slide, shuffle, Jazz box

- 1-2 slide R
- 3&4 shuffle L forward, R next to L, L forward.
- 5,6,7,8 1/2 over R shoulder, cross R in front of L, step L back, step R to R side, cross L over R.

Shuffle, Rock recover, Full turn, Coaster

- 1&2 shuffle R forward, L next to R, R forward.
- 3-4 rock L forward recover R.



- 5-6 full turn back over L shoulder stepping L then R
- 7&8 step L backwards, step R next to L, step L forward.

Tag (facing 9)

1-2	rock L recover R.
3&4	step L back, cross R over L, step L back.
5-6	1/4 over L shoulder, step L touch R next to L, step R touch L next to R.
7&8	step L to L side, step R next to L, step L to L side.
1&2	step R behind L, L next to R, R to R side.
3&4	step L behind R, R next to L, L to L side.
5-6	cross R behind L hold
7-8	full turn unwind over R shoulder.