

Smitten

拍数: 32 墙数: 4 级数: Ultra Beginner
编舞者: Sandy Kerrigan (AUS) - February 2023
音乐: Shivers - Ed Sheeran



Dance Info: Weight starts on the L foot - Dance Starts on lyrics
[BPM 141:] Track Length 3:28 – No Tags-No Restarts

Walk Fwd R, Fwd L, Fwd R, Kick L Fwd, Walk Back L, Back R, Back L, Tap R Together 12:00

1 - 8 Walk Fwd R, Fwd L, Fwd R, Kick L, Walk Back L, Back R, Back L, Tap R next to L

Step Fwd to R 45°, Tap, Step Side, Tap, Step Side, Tap, 1/8thL Step Back, Tap 12:00

1 2 3 4 Step Fwd R to Face R45°, Tap L to R, Facing the same Diagonal-Step L to L Side, Tap R to L

5 6 Facing the same Diagonal-Step R to R Side, Tap L to R

7 8 Turning 1/8 L-Step Back L to 12:00, Tap R to L

***1st Option: For an aerobic workout during the last 8 counts-swing both arms fwd & back behind your body.**

****2nd Option: On the Step Taps, Single Clap, Double Clap, Single Clap, Double Clap.**

Diagonal Hip Bump & Bump Fwd, Step Fwd Hip Bump & Bump Fwd 12:00, Vine R with ¼ Turn Scuff 3:0

1 & 2 Step Fwd R facing L45° with Hip Bump, L Hip Bump Back, R Hip Bump Fwd

3 & 4 Step Fwd L to 12:00-with L Hip Bump, R Hip Bump Back, L Hip Bump Fwd 12:00

5 6 7 8 Step R to R, Step L Behind R, Turning ¼ R-Step Fwd R, Scuff L Fwd

Vine to L Side, Scuff, Right Fwd Back Rock Chair 3:00

1 2 3 4 Step L to L Side, Step R Behind L, Step L to L Side, Scuff R Fwd

5 6 7 8 Rock Fwd on R, Replace Back to L, Rock Back on R, replace Fwd to L-wt on L

[32]

Note: Variation to the last 4 counts: Rocking Chair can be replaced with 2 X ½ Pivot Turns L