

This Time

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Stephen McIntosh (SCO) - January 2023
音乐: This Time - Gamble & Jason Singh



Start after 16 counts (approx. 13 seconds into the track)

No Tags / No Restarts

Section 1 Step, Slide, Rock, Recover, Side, ¼ turn Weave, Step Half Step, Full Turn*

- 1 Step right to right side, sliding left up
- 2 & 3 Rock back on left, recover onto right, step left to left side
- 4 & 5 step right behind left, make ¼ turn left stepping left forward, step forward on right
- 6 & 7 Step left forward, make ½ turn right, step left forward
- 8 & Make ½ turn left stepping right foot back, make ½ turn left stepping left forward*

(*Alternate steps – walk forward right, left)

Section 2 Step side, Weave into a Cross Shuffle, Right Side Rock & Cross, 2 x ¼ Turn, Cross

- 9 Step right foot to right side
- 10 & step left foot behind right, step right to right side
- 11 & 12 cross left over right, step right to right side, cross left over right
- 13 & 14 Rock right to right side, recover onto left, cross right over left
- 15 & 16 make a ¼ turn stepping back left, make a ¼ turn stepping right to right side, cross left over right

Section 3 ½ Right Rhumba Box, Left Mambo, Walk back x 2, ¼ Turn Coaster Step

- 17 & 18 Step right foot to right side, step left foot together, step forward on right
- 19 & 20 Rock forward on left foot, recover onto right, step back on left
- 21 – 22 Walk back right, walk back left
- 23 & 24 Swing right foot round from front to back while stepping back, step back on left, step forward on right

Section 4 Mambo ½ Turn, Mambo ¼ Turn, Mambo ½ Turn, Right Rocking Chair

- 25 & 26 Rock forward onto left, recover onto right, make a ½ turn left stepping left forward
- 27 & 28 Rock forward onto right, recover onto left, make a ¼ turn right, stepping right to right side
- 29 & 30 Rock forward onto left, recover onto right, make a ½ turn left stepping left forward
- 31 & 32 & Rock forward onto right, recover onto left, rock back onto right, recover onto left

Start Again & Enjoy!
