

The Red

拍数: 32 墙数: 4 级数:
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音乐: Red (Taylor's Version) - Taylor Swift



SECTION 1. LINDY R - L

1&2 Step RF to R side, step LF beside RF, step RF to R side
3,4 Step LF cross behind, Recover on RF
5&6 Step LF to L side, step RF beside LF, Step LF to L side
7,9. Step RF cross behind, Recover on LF

SECTION 2. FORWARD SHUFFLE R - L, 1/4 TURN R, JAZZBOX

1&2 Step RF forward, step LF beside RF, step RF forward
3&4 Step LF forward, step RF beside LF, step LF forward
5,6 Cross RF over LF, make 1/4 turn Right, step LF back
7,8. Step RF to R side, Step LF forward

SECTION 3. SIDE TOUCH, HOLD (R - L), BACK SHUFFLE, WALK BACKWARD (2X)

1,2& Step RF point to R side, hold, step RF beside LF
3,4. Step LF point to L side, hold
5&6 Step LF back, step RF beside LF, step LF back
7,8. Walk back R, L

SECTION 4. BACK ROCK, FORWARD SHUFFLE, FULL TURN. FORWARD SHUFFLE

1,2 Step RF back, recover on LF
3&4 Step RF forward, step LF beside RF, step RF forward
5,6 Make 1/2 turn Left, step LF back, Make 1/2 turn right, step RF forward
7&8 Step LF forward, step RF beside LF, step LF forward

Happy dancing and enjoy

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