

Near and Far

拍数: 32 墙数: 4 级数: Improver
编舞者: Amy Glass (USA) - September 2022
音乐: Everything - Switch Disco : (iTunes)



#16 Count Intro (approx 9 seconds into the track) Start on lyric "Say"

[1-8] Step Point, Touch, Point, Cross Samba x 2

- 1-2 Step RF Fwd, Point LF to L side
- 3-4 Touch LF in front of RF, Point LF to L side
- 5&6 Cross LF over RF, Rock R to Right side, Recover weight to LF
- 7&8 Cross RF over LF, Rock L to Left side, Recover weight on RF

[9-16] L Jazz with 1/4 L, Shuffle, R Jazz Box (9:00)

- 1-2 Cross LF over RF, Step RF back while turning 1/4 to L (9:00)
- 3&4 Chasse to L stepping LF to L, Close RF next to LF, Step LF to L
- 5-6 Cross RF over LF, Step LF back
- 7-8 Step RF to R side, Step LF forward

[17-24] Rock Fwd, Recover, Shuffle 1/2 R, Rock Fwd, Recover, Shuffle 1/2 L (9:00)

- 1&2 Rock RF forward, Recover weight on LF
- 3&4 Make 1/4 R stepping RF to R (12:00), Close LF next to RF, Make 1/4 R stepping RF forward (3:00)
- 5-6 Rock LF forward, Recover weight on RF
- 7&8 Make 1/4 L stepping LF to L (12:00), Close RF next to LF, Make 1/4 L stepping LF forward (9:00)

[25-32] Walk x2, Shuffle Fwd, Step Pivot, Forward, Drag

- 1-2 Walk forward R, L
- 3&4 Shuffle forward (R, L, R)
- 5-6 Step LF forward, Pivot 1/2 R finishing with weight on RF (3:00)
- 7-8 Take a big step forward on the LF, dragging the RF next to the LF (but keeping weight on LF)

Ending: Wall 11: You'll start the dancing facing 6:00.

Dance all the way through and on the last 2 counts instead of a step forward/drag, you'll step side to the Left and drag RF next to L to finish facing 12:00