

Dance to my HEARTBEAT

COPPER KNOB
BY STEPHANIE

拍数: 32 墙数: 4 级数: Beginner
编舞者: Val Saari (CAN) - February 2023
音乐: Dance To My Heartbeat - Chaël & Mougleta



Intro: 32 counts - Begin on the word "lights"

TOE-STRUTS FORWARD RLRL

1-2 Touch RF toes forward, Drop heel
3-4 Touch LF toes forward, Drop heel
5-6 Touch RF toes forward, Drop heel
7-8 Touch LF toes forward, Drop heel

POINT CROSSES BACK RL, MONTEREY 1/4 TURN R, POINT L,

1-2 RF point to right side, RF step back behind L
3-4 LF point to left side, LF step back behind R
5-6 Point RF toes to right side, 1/4 turn right step RF together (3:00)
7-8 Point LF to L side, Step LF beside R

RF ROCK/RECOVER, RF TOE-STRUT 1/2 R, LF TOE-STRUT 1/2 R, RF ROCK BACK/RECOVER

1-2 Rock RF forward, Recover LF
3-4 RF toe-strut 1/2 turn R (9:00)
5-6 LF toe-strut 1/2 turn R (3:00)
7-8 RF Rock back, LF Recover

RF MODIFIED SCISSORS CROSS, LINDY LEFT

1-2 RF Large Step R, Drag LF together
3-4 Touch RF toes across L, Step RF heel down
5&6 Shuffle left, LRL
7-8 Rock back on RF, Recover on LF

No tags, no restarts

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