We Feel Like Dancing



音乐: I Feel Like Dancing - Jason Mraz



1 restart

1 restart	
[1-8] CROSS - MAMBO CROSS - STEP - WEAVE - KICK WITH 1/4 TURN L	
1	RF cross over LF
2&3	LF step on L side (2), weight on RF (&), LF cross over RF (3)
4	RF step on R side
5&6	LF cross behind RF (5), RF step to R side (&), LF step over RF with 1/8 turn R (6) 01:30
7-8	Bring RF kick from back to front with 1/4 turn L 10:30
[9-16] STEP - HOLD - STEP WITH 1/2 TURN - HOLD - JUMP - HOLD - JUMP - HOLD	
1-2	RF step forward* (1), hold* (2)
*snap your fingers up (1), down (2)	
3-4	LF step forward with 1/2 turn R* (3), hold* (4) 01:30
	gers up (3), down (4)
5-6	Jump on R side with close feet (5), hold (6) 12:00
7-8	Jump on L side with close feet (7), hold (8)
[17-24] CROSS - STEP - SHUFFLE - ROCKSTEP - COASTER STEP	
1-2	RF cross over LF in diagonale L (1), LF step forward (2) 10:30
3&4	RF step forward (3), LF next to RF (&), RF step forward (4)
5-6	LF step forward (5), weight on RF (6)
7&8	LF step behind (7), RF next to LF (&), LF step forward (8)
[25-32] HIPS FORWARD, BACKWARD, FORWARD - TOGETHER - STEP - HITCH WITH 3/8 TURN L - STEP - HOLD - KNEE POP	
1-2	Hips sway forward (1), hips sway backward (2)
3&4	Hips sway forward (3), RF next to LF (&), LF step forward (4)
5-6	RF hitch with 3/8 turn L (5), RF step on R side (6) 06:00
7&8	Hold (7), bring weight on toes by pushing your knees forward (&), come back on both feet (8)
[33-40]TOUCH - TOUCH - TOUCH - STEP - KNEES SWING IN, OUT, IN, OUT	
1-2	RF touch over LF in diagonale L (1), RF touch on R side (2)
3-4	RF touch over LF in diagonale L (3), RF step to R side (4)
5-6	Bring your knees in (5), bring your knees out (6)
Move easily on the right side	
7-8	Bring your knees in (7), bring your legs back straight (8)
Move easily on the right side	
[41-48] STEP - CROSS - STEP - TOUCH - STEP WITH 1/4 TURN R - STEP WITH 1/2 TURN R - STEP	

[49-56] STEP - TOUCH - STEP - TOUCH - HITCH - 1/2 TURN L - STEP BEHIND - STEP W/ 1/2 TURN L

RF step forward with 1/4 turn R (5), LF step behind with 1/2 turn R (6)

RF step to R side with 1/4 turn R (7), LF touch next to RF (8)

1-2 LF step forward (1), RF touch behind LF (2) 3-4 RF step behind (3), LF touch forward (4)

LF step to L side (1), RF cross over LF (2)

LF step to L side (3), RF touch next to LF (4)

WITH 1/4 TURN R - TOUCH

1-2 3-4

5-6

7-8

5-6 Weight on LF (5), RF hitch with 1/2 turn L (6)

7-8 RF step behind finishing at 12:00 (7), LF step to L side with 1/2 turn L finishing at 06:00 (8)

[57-64] JUMP OUT FORWARD x3 - STEP BACK - TOGETHER - STEP BACK - TOGETHER

Jump out on both feet forward (1), jump out on both feet forward (2)
Jump out on both feet forward (3), jump out on both feet forward (4)

5-6 RF step behind in diagonale R (5), LF touch next to RF (6) 7-8 LF step behind in diagonale L (7), RF touch next to LF (8)

RESTART

After 32 counts in wall 5, restart the dance.

CONTACT

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Last Update: 25 Apr 2023