

Jump Up

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Jump Around - House of Pain



SECTION 1. WALK. MAMBO STEP, BACKWARD, SIDE TOUCH R/L

- 1,2. Step RF forward, Step LF forward
- 3&4 Step RF forward, Recover on LF, Step back on RF beside LF
- 5,6. Step LF backward with long step, Step RF fallaway
- 7&8& Touch RF to right side, step RF beside LF, Touch LF to left side, step LF beside RF

SECTION 2. SIDE ROCK R/L, CHUG 3/4 TURN L

- 1&2. Step RF to right side, recover on LF, step RF beside LF
- 3&4. Step LF to left side, recover on RF, step LF beside RF
- 5,6 Make turn 1/4 L Chug on RF, make turn 1/8 turn L Chug on RF.
- 7,8. Make turn 1/8 L Chug on RF, make turn 1/4 turn L Chug on RF

SECTION 3. CROSS TOUCH, SIDE, CROSS TOUCH, SIDE

- 1,2 Cross touch on RF over LF, Step RF to right side
- 3,4. Cross touch on LF over RF, Step LF to left side
- 5,6. Cross touch on RF over LF, Step RF to right side
- 7,8. Cross touch on LF over RF, Step LF to left side

****Restart here On Wall 3**

SECTION 4. STEP DIAGONALLY, JUMP (R-L)

- 1,2. Step RF to right diagonally, Step LF beside RF
- 3,4. Jump 2x
- 5,6. Step LF to left diagonally, Step RF beside LF
- 7,8. Jump 2x

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