

Shake That Thing

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Lidia Landon Michael (USA) - February 2023
音乐: Shake That Thing - American Mile



No Tags – No restarts!

Intro: hold 32 Counts. Dance starts with Lyrics. Start with legs apart.

SECTION 1: HIPS R/L /RR, HIPS L/R/LL

1-2 Hip bump R, Hip bump L
3-4 Hip bump R, Hip bump R
5-6 Hip bump L, Hip bump R
7-8 Hip bump L, Hip bump L

SECTION 2: WALK R/L, R SHUFFLE FWD, STEP L & HIPS F/B/F/B

1-2 Walk Forward R/L
3&4 R shuffle Front
5-6 Step L to Left front diagonal with L hip bump, Rock back on R with R hip bump
7-8 L Hip bump front diagonal ,R Hip bump back diagonal

SECTION 3: WALK BACK L/R, L SIDE SHUFFLE (¼ TURN L) STEP R & HIPS F/B/F/B

1-2 Walk Backward L/R
3&4 L shuffle side, making ¼ turn l to face 9:00
5-6 Step R to Right front diagonal with R hip bump, Rock back on L with L hip bump
7-8 R Hip bump front diagonal ,L Hip bump back diagonal

SECTION 4: JUMP FRONT R/L, CLAP 2X, JUMP BACK R/L CLAP 2X, JUMP FRONT R/L, CLAP 2X, JUMP BACK R/L CLAP 2X,

&1&2 Jump front R/L, Clap 2x
&3&4 Jump Back R/L, Clap 2x
&5&6 Jump front R/L, Clap 2x
&7&8 Jump Back R/L, with legs apart. Clap 2x

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