

Bonbon

COPPER KNOB
BY STEPHEN T. C.

拍数: 16 墙数: 4 级数: Beginner
编舞者: Lita Amanda (INA) - February 2023
音乐: Bonbon - Era Istrefi



Intro : 32 Count

Tag : 4 count on wall 3

Restart : after 12 count on wall 6

I. MAMBO FORWARD, MAMBO BACKWARD, CHASSE R, TURN ¼ L CROSS

1&2 3&4 RF rock forward, LF recover, RF together, LF rock backward, RF recover, LF together

4&6 7&8 Step RF to R side, LF together, step RF to R side, LF cross over RF, turn ¼ L step RF backward, LF beside RF

II. MAMBO FORWARD, CHASSE L, HIP BUMP RL WITH KNEE UP

1&2 3&4 RF rock forward, LF recover, RF together, step LF to L side, RF together, step LF to L side

5 6 7 8 Hip bump to R, Hip bump to R with knee up, hip bump to L, hip bump to L with knee up

Tag :

Mambo Forward, mambo backward

1&2 3&4 RF rock forward, LF recover, RF together, LF rock backward, RF recover, LF together