

Flowers

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Flowers - Miley Cyrus



INTRO: 8 COUNTS

STEP FORWARD R/L ,SHUFFLE, TUEN R, BACK SHUFFLE,

1 Together
2-3 (Start step on2) forward right, left
4&5 Shuffle forward right, left, right
6-7 Walk left foot, Full turn right
8&1 Back shuffle left, right, left

SIDE ROCK,RECOVER R, WALK3, SIDE ROCK,RECOVER L, WALK3

2-3 Side rock right & recover
4&5 Walk right, left, right
6-7 Side rock left & recover
8&1 left, right, left

MONTEREY ½TURN RIGHT, HEEL HEEL TOE TOE,

2-3 Point right to right side, together turn right
4-5 Side point left, together
6&7&8&1 hill right, together, hill left, together, toe right, together, tor left, together

DIAGONALLY SHUFFLE R/L, TWIST PELVIS RIGHT

2-3 Diagonally shuffle right, Left, right
4-5 Diagonally shuffle left, right, left
6&7&8&1 Twist pelvis right up, down (option with arm up& down)

STEP TOUCH R/L, STEP TOUCH S/S/D

2-3 Side right, Together
4-5 Side left, Together
6&7&8&1 Side right, Together, Side left, Together,(single/single) Side right, Together, Side right,
Together (double)

KICK BALL POINT, CROSS SIDE BEHIND, RONDE, BACK COSTER STEP

2&3 Left kick, together, Side point right
4&5 Right foot left cross, Side left foot, behind right foot
6-7 ronde left with ¼turn
8&1 Back coaster step left, together, forward step left

RESTART : 3rd WALL AFTER 24 COUNTS - RESTART (12:00)