# Our Memories (前塵)

级数: High Beginner

编舞者: Cat So (AUS) - February 2023

音乐: Qian Chen (前塵) - Sandy Lam (林憶蓮)

### Start dance 16 counts after commence of heavy beats

#### Sec 1: Forward rumba box

拍数: 32

- 1234 Forward with left foot (1), hold (2), side with right foot (3), together with left foot (4)
- 5678 Back with right foot (5), hold (6), side with left foot (7), together with right foot (8) ending 12 o'clock

### Turning option: Spiral full turn for counts 1, 2

12 Forward with left foot (1), spiral full turn to the right keeping weight on left foot (2)

### Sec 2: Side, cross rock, ¼ turn, cross side behind

1234 Side with left foot (1), hold (2), cross with right foot (3), recover weight to left foot (4) 1/4 turn to the right stepping right foot forward, sweeping left foot to the front (5), hold (6) 56 781 Cross with left foot (7), side with right foot (8), behind with left foot sweeping right foot from front to back (1) ending 3 o'clock

### Sec 3: Hold, rock back and side, rock back

2345 Hold (2), rock back with right foot (3), recover weight to left foot (4), side with right foot (5)

678 Hold (6), rock back with left foot (7), recover weight to right foot (8) ending 3 o'clock

Restart here: On wall 9 facing 3 o'clock

#### Sec 4: ¼ turn, cross rock & side, behind, ¼ turn

- 1/4 turn to the left stepping left foot forward, sweeping right foot to the front (1), hold (2), cross 1234 with right foot (3), recover weight to left foot (4)
- 5678 Side with right foot (5), hold (6), behind with left foot (7), ¼ turn to the right stepping right foot forward (8) ending 3 o'clock

# Happy dancing!

# Contact: Winchun168@hotmail.com



**墙数:**4