

Head Held High

拍数: 32 墙数: 4 级数: Beginner
编舞者: Markus Eiselt (DE) - February 2023
音乐: Head Held High - SERA



Restart: in Wall 8 after 6 Counts

Tag: in Wall 4 and 7 after 22 Counts

Start the Dance after 16 Counts

(1-8) Heel R and Heel L, Walk R ,L, Heel R and Heel L, Walk R.L

1&2 With R Heel fwd (1), With R Back on L (&), With L Heel fwd (2)
3-4 With R Walk fwd (3), With L Walk fwd (4)
5&6 With R Heel fwd (5), With R Back on L (&), With L Heel fwd (6)
7-8 With R Walk fwd (7), With L Walk fwd (8)

(9-16) Jazz Box 1 /4 Turn, Out-Out-in-in

1-4 Step R over L (1), Step L Back (2), 1/4 Turn R Stepping R to R Side (3), Step L fwd (4)
5-8 Step R Out (5), Step L Out (6), Stp R Back to Center (7), Step L next to R (8)

(17-24) Rock Step R, Chasse R, Rock Step L Chasse L

1-2 Rock R fwd (1), Recover on L (2)
3&4 Step R to R Side (3), Step R next to L (&), Step R to R Side (4)
5-6 Rock L fwd (3), Recover on R (6)
7&8 Step L to L Side (7), Step L next to R (&), Step L to L Side (8)

(25-32) Step R 1/2 Turn L, Step R 1/2 Turn L, Out-Out-in-in

1-2 Step R fwd (1), 1/2 Turn L (2)
3-4 Step R fwd (3), 1/2 Turn L(4)
5-8 Step R Out (5), Step L Out (6), Stp R Back to Center (7), Step L next to R (8)

Tag:

(1-4) Side R Touch L, Side L Touch R

1-2 Step with R to the R Side (1), And Touch with L on R (2)
3-4 Step with L to the L Side (3), And Touch with R on L (4)