

Dans Mes Bras

拍数: 48 墙数: 2 级数: Beginner
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音乐: Dans mes bras - Kendji Girac & Dadju



Intro 16 counts

[1-8] R SIDE STEP – L TOGETHER R RECOVER – L SIDE STEP – R TOGETHER L RECOVER – SWAY RL– TRIPLE STEP

12& R to Side (1) – L Together (2) - Recover on R (&) (RLR)
34& L to Side (3) – R Together (4) - Recover on L (&) (LRL)
5-6 SWAY RL (RL)
7&8 R in place [7] - L in place [&]-R in place (8)(RLR)

[9-16] L SIDE STEP – R TOGETHER L RECOVER – R SIDE STEP – L TOGETHER R RECOVER – SWAY LR– TRIPLE STEP

12& L to Side (1) – R Together (2) - Recover on L (&) (LRL)
34& R to Side (3) – L Together (4) - Recover on R (&) (RLR)
5-6 SWAY LR (LR)
7&8 L in place [7] - R in place [&]-L in place (8)(LRL)

[17-24] R & L CROSS SAMBA – R MAMBO FORWARD TOGETHER – L BACK MAMBO TOGETHER

1&2 Cross R forward (1)– Open L to L(&) – Open R to R (2)(RLR)
3&4 Cross L forward (3)– Open R to R(&) – Open L to L (4) (LRL)
5&6 Right Rock forward (5) – Recover on L [&]- R together (6)(RLR)
7&8 L Rock Back (7)– Recover on R [&]- L together (8) (LRL)

[25-32] R CROSS SAMBA ¼ R Turn - CROSS BACK BACK 1/8 R turn – BEHIND SIDE CROSS 1/8 R turn

1&2 Cross R forward (1)– ¼ R turn Open L to L(&) – Open R to R (2) (RLR) 3h
3&4 Cross L forward (3)– Open R to R(&) – Open L to L (4) ((LRL)
5&6 Cross R forward (5)– 1/8 R turn L Step back(&) – R Step back (6) (RLR) 16h30
7&8 Cross L behind (7)– 1/8 R turn R Step back(&) -Cross R forward(8) (LRL) 6h

RESTART WALL 5 FACING 6

[33-40] R FORWARD ROCK STEP – R BEHIND SIDE CROSS - L FORWARD ROCK STEP – L BEHIND SIDE CROSS

1-2 R Front Rock step[1] –Recover on L [2] sway RL for styling (RL)
3&4 Cross R behind (3)– Open L to L (&) -Cross R forward (4)(RLR)
5&6 L Front Rock step[5] –Recover on R [6] sway LR for styling LR)
7&8 Cross L behind (7)– Open R to R (&) -Cross L forward (8)(LRL)

[41-48] SYNCOPATED JAZZ BOX – BACK TOGETHER- R & L CROSS SAMBA

12&3 Cross R above L[1] - Step L back in diagonal[2] –R Step Back in diagonal [&] – Cross L above R (3)(RLRL)
4& R step back in diagonal (4)– L together (&) (RL)
5&6 Cross R forward (5)– Open L to L(&) – Open R to R (6)(RLR)
7&8 Cross L forward (7)– Open R to R(&) – Open L to L (8)(LRL)

• ENJOY

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