

Fool

拍数: 32 墙数: 4 级数: Low Intermediate
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音乐: Fool - Elvis Presley : (Album: Elvis - Fool)



Starting point: At the vocals, at about 0:20.

Note: There is a 4-count long tag after wall 3.

Ending: On wall 7, turn 3/4 on counts 17-20 instead of 1/2 to turn to the front wall.

STEP, HOLD, SHUFFLE FORWARD, 1/2 LEFT TURNING PIVOT, FULL TURN

1-2 Step right forward, hold
3&4 Step left forward, step right next to left, step left forward
5-6 Step right forward, turn 1/2 to left
7-8 Turn 1/2 to left and step right back, turn 1/2 to left and step left forward

Note: You can change the steps on counts 7-8 to two forward walking steps, no turns. You can also try to accentuate the vocal stretch on counts 5-6 by slowing down the turn styling it a bit if you want.

STEP FORWARD, HOLD, RUMBA BOX WITH A SWEEP AND A 1/4 LEFT TURN, CROSS SHUFFLE

1-2 Step right forward, hold
3-4 Step left to left side, step right next to left
5-6 Step left forward and sweep right from back to front for 2 counts turning a 1/4 to left
7&8 Step right across left, step left to left side, step right across left

SIDE STEP, HOLD, CROSS ROCK INTO A SIDE SHUFFLE THAT LEADS INTO A ROCK STEP, ROCKING CHAIR

1-2 Step left to left side, hold
3&4& Rock right across left, recover weight back to left, step right to right side, step left next to right
5-6 Rock right to right side, recover weight back to left (use your hips in this rock step)
7&8& Rock right across left, recover weight back to left, rock right to right side, recover weight back to left

SWEEP WITH A 1/4 LEFT TURN, CROSS, BACK, 1/4 LEFT TURN INTO A ROCK STEP, SIDE MAMBO STEP

1-2 Step right across left, sweep left from back to front and turn 1/4 to left
3-4 Step left across right, step right back
5-6 Turn 1/4 to left while rocking left to left side, recover your weight to your right (again, use your hips)
7&8 Rock left to left side, recover weight back to right, step left next to right

*TAG (4 counts, after wall 3):

*4 STEPS FORWARD

1-2 Step right forward, step left forward
3-4 Step right forward, step left forward