

Dance With My Hands

COPPER **KNOB**
STEPSHEETS

拍数: 64 墙数: 2 级数: Upper Beginner
编舞者: Deb Wookey (AUS) - January 2023
音乐: Bloody Mary (sped up) - Speed Sounds



SECTION 1 - TWIST R,L,R HOLD, TWIST L,R,L HOLD (SEE STYLING TIPS)

1 - 2 Swivel both heels to the R (1), Swivel both toes to the R, (2)
3 - 4 Swivel both heels to the R,(3) Hold (4)
5 - 6 Swivel both heels to the L, (5) Swivel both toes to the L,(6)
7 - 8 Swivel both heels to the L (7) Hold (8)

SECTION 2 - 2 x 1/8 PIVOT TURNS, TWIST R,L,R HOLD

1 - 2 Step Fwd on R, (1) pivot 1/8 turn L, (2)
3 - 4 Step Fwd on R, (3) pivot 1/8 turn L (4)
5 - 6 Swivel both heels to the R (5), Swivel both toes to the R (6)
7 - 8 Swivel both heels to the R,(7) Hold (8)

SECTION 3 – TWIST L,R,L HOLD, 2 X 1/8 PIVOT TURNS

1 - 2 Swivel both heels to the L, (1) Swivel both toes to the L,(2)
3 - 4 Swivel both heels to the L (3) Hold (4)
5 - 6 Step Fwd on R, (5) pivot 1/8 turn L, (6)
7 - 8 Step Fwd on R, (7) pivot 1/8 turn L (8)

SECTION 4 - VINE RIGHT, VINE LEFT

1 - 2 Step R to R side (1), Step L behind R (2)
3 - 4 Step R to R side (3), Touch L beside R (4)
5 - 6 Step L to L side (5), Step R behind L (6)
7 - 8 Step L to L side (7), Touch R beside L (8)

RESTART HERE ON WALLS 2 & 4

SECTION 5 - 2 X V STEPS

1 - 2 Step R Fwd at 45degrees R (1), Step L Fwd at 45 degrees L(2)
3 - 4 Step R back to the centre (3), Step L next to R (4)
5 - 6 Step R Fwd at 45degrees R (5), Step L Fwd at 45 degrees L(6)
7 - 8 Step R back to the centre(7), Step L next to R(8)

SECTION 6 – VINE RIGHT, VINE LEFT

1 - 2 Step R to R side (1), Step L behind R (2)
3 - 4 Step R to R side (3), Touch L beside R (4)
5 - 6 Step L to L side (5), Step R behind L (6)
7 - 8 Step L to L side (7), Touch R beside L (8)

SECTION 7 – 2 X V STEPS

1 - 2 Step R Fwd at 45degrees R (1), Step L Fwd at 45 degrees L(2)
3 - 4 Step R back to the centre (3), Step L next to R (4)
5 - 6 Step R Fwd at 45degrees R (5), Step L Fwd at 45 degrees L(6)
7 - 8 Step R back to the centre(7), Step L next to R(8)

SECTION 8 - 2 X TOE STRUTS, 4 X TRAVELLING KNEE POPS OR SKATES (SEE STYLING TIPS)

1 - 2 R Toe fwd (1), Drop the heel down (2)
3 - 4 L Toe fwd (3), Drop the heel down (4)
5 - 6 Step R fwd popping L knee across (5), Step L fwd popping R knee across (6)

7 - 8 Step R fwd popping L knee across (5), Step L fwd popping R knee across (6)

16 COUNT TAG - END OF WALL 1 & 3

SECTION 1 - ROCKING CHAIR, 2 x STEP 1/2 PIVOTS

1 - 2 Step Fwd on R (1), recover weight on L (2)
3 - 4 Step Back on R (3), recover weight on L(4)
5 - 6 Step Fwd on R (5), pivot 1/2 turn L (6)
7 - 8 Step Fwd on R (7), pivot 1/2 turn L (8)

SECTION 2 - ROCKING CHAIR, 2 X STEP 1/2 PIVOTS

1 - 2 Step Fwd on R (1), recover weight on L (2)
3 - 4 Step Back on R (3), recover weight on L(4)
5 - 6 Step Fwd on R (5), pivot 1/2 turn L (6)
7 - 8 Step Fwd on R (7), pivot 1/2 turn L (8)

Styling

Section 1, 2 & 3

Hold hands out in front with fingers pointing down for the twists

Hold hands above your head and sway hands from side to side for pivot turns

Section 8

Hold both arms tight to your body and move lower part of arms from side to side behind your back for the knee pops.

Feel free to add any styling you think works for this song.

Enjoy The Dance ☐☐. Big thanks to all at Mackay Line Dancers for their contribution to this dance

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