# Crystal Cha AB

7-8



拍数: 32 墙数: 1 级数: Absolute Beginner

编舞者: Dee Palmer (USA) - February 2023

音乐: Every Time You Take Your Time - Aaron Goodvin



### Intro: 16 counts after the hard beat (NO TAGS/NO RESTARTS)

| STEP R RIGHT SIDE, HOLD, ROCK L BACK, RECOVER R, L AND R STEP TOUCHES |  |  |
|---|--|--|
| 1-2   | Step right foot to right side, Hold (snap fingers with hands to each side) |  |
| 3-4   | Rock left foot back, recover right foot                                    |  |
| 5-6   | Step left foot to left side, touch right foot beside                       |  |

## STEP L LEFT SIDE, HOLD, ROCK R BACK, RECOVER L, R AND L STEP TOUCHES

Step right foot to right side, touch left foot beside

| 1-2 | Step left foot to left side, Hold (snap fingers with hands to each side) |
|-----|--|
| 3-4 | Rock right foot back, recover left foot                                  |
|     |  |

5-6 Step right foot to right side, touch left foot beside7-8 Step left foot to left side, touch right foot beside

#### RIGHT AND LEFT LOCK STEPS FORWARD WITH SCUFF

| 1-4 | Step right foot forward, lock/step left behind right, step right foot forward, scuff left ft |
|-----|--|
| 5-8 | Step left foot forward, lock/step right behind left, step left foot forward, scuff right ft  |

### RIGHT AND LEFT SYNCOPATED ROCKING CHAIR

| 1&2& | Rock right foot forward, recover left foot, rock right foot back, recover left foot |
|------|---|
| 3&4  | Rock right foot forward, recover left foot, step right foot (wt on R foot)          |
| 5&6& | Rock left foot forward, recover right foot, rock left foot back, recover right foot |
| 7&8  | Step left foot forward, recover right foot, step left foot (wt on left)             |

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My Absolute Beginners enjoy dancing a split floor with the Intermediate class. Now, all dancers can enjoy dancing to the same song at their level of dance.