That Fun Irish Contra Dance



拍数: 32

墙数:1

级数: Ultra Beginner - Contra

编舞者: Heather Joffer (USA) & Brenda Dorsey (USA) - February 2023

音乐: Excursion Around the Bay - Derina Harvey Band

Intro: 32 Counts - 5 Restarts - very clear with music

Sequence: 32,16,32, 32,16,32, 32,16,32, 32,32, 32,16,32, 16, 32,32, 32,32

[1-8] Walk R, L, R Touch, Back, Back, Back, Touch

- 1,2Walk forward on R (1) Walk forward on L (2)3,4Walk forward on R (3) Touch L next to R (4)
- 5,6 Step back on L (5) Step back on R (6)
- 7,8 Step back on L (7) Touch R next to L (8)

[9-16] Step Touch x 6

- 1,2 Step R to R (1) Touch L next to R (2)
- 3,4 Step L to L (3) Touch R next to L (4)

5&6& Step R to R (&) Touch L next to R (5) Step L to L (&) Touch R next to L (6)

7&8& Step R to R (&) Touch L next to R (7) Step L to L (&) Touch R next to L (8)

**Styling option: Bounce with each step touch, while waving your arms in the air.

[17-24] Vine Right, Vine Left

- 1,2 Step R to R (1) Cross L behind R (2)
- 3,4 Step R to R (3) Touch L next to R (4)
- 5,6 Step L to L (5) Cross R behind L (6)
- 7,8 Step L to L (7) Touch R next to L (8)

[25-32] K Step

- 1&2 Step R to R diagonal (1) Touch L next to R (2)
- 3&4 Step L back to home (3) Touch R next to L (4)
- 5,6 Step R Back to R diagonal (5) Touch L next to R (6)
- 7&8 Step L forward to home (7) Touch R next to L (8)

**Note: This is a long song. You can fade the song out at 2 and a half minutes.

Choreographers: Heather Joffer – hjoffer@msn.com & Brenda Dorsey – bkccows2005@gmail.com

Last Update: 3 Nov 2023