

Clear Isabel

拍数: 32 墙数: 2 级数: Low Intermediate
编舞者: Bruno Penet (FR) - May 2017
音乐: Clear Isabel - Aaron Watson : (CD : Vaquero)



SEQUENCE : A A – B B – TAG – A A – BB – A(Modified) – A A – B B – A(Final)

PART A

SECT 1 : RIGHT FORWARD, ½ TURN LEFT, ½ TURN SHUFFLE BACKWARD, LEFT ROCK, RECOVER RIGHT, KICK BALL CROSS

1-2 Step Right forward, ½ turn left & recover weight on Left (6 :00)
3&4 ½ turn left & step Right back, step left beside Right, step Right back (12 :00)
5-6 Step Left back, recover weight on Right
7&8 Kick Left forward, step Left beside Right, cross Right over Left

SECT 2 : SIDE ROCK, RECOVER ¼ TURN LEFT, COASTER STEP, RIGHT FORWARD, ½ TURN LEFT, STOMP RIGHT & LEFT

1-2 Step to Left side, ¼ turn left & recover weight on Right (9 :00)
3&4 Step Left back, step Right beside Left, step Left forward
5-6 Step Right forward, ½ turn left & recover weight on Left (3 :00)
7-8 Stomp Right beside Left, stomp Left beside Right

SECT 3 : SIDE ROCK, RECOVER LEFT, CROSS SHUFFLE, SIDE ROCK, RECOVER RIGHT, LEFT BEHIND – ¼ TURN RIGHT FORWARD – LEFT FORWARD

1-2 Step Right to right side, recover weight on Left
3&4 Cross Right over Left, step Left to left side, cross Right over Left
5-6 Step Left to left side, recover weight on Right
7&8 Cross Left behind Right, ¼ turn right & step Right forward, step Left forward (6 :00)

SECT 4 : SIDE ROCK, RECOVER LEFT, LOCK STEP FORWARD DIAGONAL LEFT, SIDE ROCK, RECOVER RIGHT, LOCK STEP FORWARD DIAGONAL RIGHT

1-2 Step Right to right side, recover weight on Left
3&4 (diagonal Left) Step Right forward, cross Left behind Right, step Right forward
5-6 Step Left to left side, recover weight on Right
7&8 (diagonal Right) Step Left forward, cross Right behind Left, step Left forward

PART B

SECT 1 : KICK BALL CROSS, VAUDEVILLE RIGHT, TOUCH RIGHT BESIDE, HEEL SWITCHES, RIGHT FORWARD, LEFT BESIDE

1&2 Kick Right forward, step Right beside Left, cross Left over Right
&3 Step Right slightly Back on right side, touch Left Heel diagonal forward
&4 Step Left beside Right, touch Right Toe beside Left
5&6& Touch Right Heel forward, step Right beside Left, touch Left Heel forward, step Left beside Right
7-8 Large step Right forward, step Left beside Right

SECT 2 : TOUCH RIGHT, RIGHT BACK, TOUCH LEFT, LEFT FORWARD, RIGHT FORWARD, ½ TURN LEFT, RIGHT FORWARD (WITH HOOK LEFT BEHIND), STOMP LEFT BESIDE

1-2 Touch Right Toe on right side, step Right back
3-4 Touch Left Toe to left side, step Left forward
5-6 Step Right forward, ½ turn left & recover weight on Left (6 :00)
7-8 Large Step Right forward & Hook Left behind Right, stomp Left beside Right

SECT 3 : CHASSE RIGHT, ROCK STEP, RECOVER RIGHT, CHASSE LEFT, ROCK STEP, RECOVER LEFT

1&2 Step Right to right side, step Left beside Right, step Right to right side
3-4 Step Left back, recover weight on Right
5&6 Step Left to left side, step Right beside Left, step Left to left side
7-8 Step Right back, recover weight to left side

SECT 4 : SHUFFLE FORWARD, ROCK, RECOVER RIGHT, ½ TURN SHUFFLE FORWARD, OUT-OUT-IN-IN

1&2 Step Right forward, step Left beside Right, step Right forward
3-4 Step Left forward, recover weight on Right
5&6 ½ left & step Left forward, step Right beside Left, step Left forward (12 :00)
&7&8 Step Right Heel forward slightly on right, step left Heel forward slightly on left, step Right back (center), step Left beside Right

PART A (modified)

Change the counts 5 to 8 of the 4th section by :

ROCK FORWARD, RECOVER RIGHT, ½ TURN SHUFFLE FORWARD (Option : FULL TURN)

5-6 Step Left forward, recover weight on Right
7&8 ½ turn left & step Left forward, step Right beside Left, step Left forward (option : 1 turn ½ to the left)

TAG : After the 4th wall (Part A) add the steps :

HALF PIVOT TURN X2, ROCKING CHAIR

1-2 Step Right forward, ½ turn left & recover weight on Left
3-4 Step Right forward, ½ turn left & recover weight on Left
5-6 Step Right forward, recover weight on left
7-8 Step Right back, recover weight on Left

PART A (Final

After the sections 1 & 2 add :

SECT 3 : SIDE ROCK, RECOVER LEFT, CROSS SHUFFLE, SIDE ROCK, RECOVER RIGHT, LEFT BEHIND – ¼ TURN COASTER STEP

1-2 Step Right to right side, recover weight on Left
3&4 Cross Right over Left, step Left to left side, cross Right over Left
5-6 Step Left to left side, recover weight on Right
7&8 ¼ turn left & step Left back, setp Right beside Left, step Left forward

And add the steps :

FLICK, STOMP RIGHT FORWARD

&1 ½ turn left & Flick Right back, stomp Right forward

#2nd Horses & Country-Dance Day - 11 June 2017

by CHALLENGE BOY des CRAZY DANCERS OF COUNTRY MUSIC
