Ghost LDQK

COPPER KNOB

拍数: 32

墙数: 4

级数: Improver

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音乐: Ghost - Isac Elliot

Intro : 32 counts - No Tag, No Restart

[1-8] Back Shuffle R-L, Back Rock, Fwd Shuffle

- 1&2 Step RF back, step LF next to RF, step RF back
- 3&4 Step LF back, step RF next to LF, step LF back
- 5 6 Rock RF back, recover on LF
- 7&8 Step RF forward, step LF next to RF, step RF forward

[9-16] Cross Samba, 1/4R Cross Samba, Cross, Hold, Weave

- 1&2 Cross LF over RF, rock RF to right, recover on LF
- 3&4 Cross RF over LF, turn 1/4 right rocking LF to left(3:00), recover on RF
- 5 6 Cross LF over RF, hold
- &7&8 Step RF to right, step LF behind RF, step RF to right, cross LF over RF

[17-24] Side, Touch, Hold/Knee Bounce, 1/4L Side, Touch, Hold/Knee Bounce, Knee Bounce 4 times (All Counts Have Arm styling)

- &1 2 Step RF to diagonally right side, touch LF next to RF, hold with bouncing both knees
- * Arm Styling: Roll both fists in circle in the level of the right face
- &3 4 Turn 1/4 left stepping LF to left side(12:00), touch RF next to LF, hold with bouncing both knees

* Arm Styling: Roll both fists in circle in the level of the left waist

5 6 7 8 Keep bouncing knees in place wirh arm styling

*Arm Styling: Roll both fists in circle in the level of the right face, left face, right waist and left waist

[25-32] Side Shuffle, 1/4L Side Shuffle, Fwd, Pivot 1/2L, Fwd Rock, Recover

- 1&2 Step RF to right, step LF next to RF, step RF to right
- 3&4 Turn 1/4 left stepping LF to left(9:00), step RF next to LF, step LF to left
- 5 6 Step RF forward, pivot 1/2 left on LF(3:00)
- 7 8 Rock RF forward, recover on LF

* You can enjoy arm actions in the intro. Thank you!!

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