

From Now On

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
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音乐: From Now On - Zac Brown Band



Intro: 16 Counts

S1: Walk R,L, ¼ L Side Shuffle R, Back Rock L, ¾ turn R

1-2 Step R forward, Step L forward
3&4 ¼ L step R to R side, Step L next to R, Step R on R side (09h00)
5-6 Step L behind R, recover on R
7-8 ¼ R step L backward (12h00), ½ R step R forward (06h00)

S2: Step fwd L, Anchor step R, ¼ L Step L, Cross R over L, Step L on L, Back Rock R

1 Step L forward
2&3 Step R behind L, recover weight to L, step R behind L
4-5 ¼ L step L on L, Step R over L (03h00)
6 Step L on L
7-8 Step R behind L, recover on L

S3: ¼ R Step R, ¼ R Step L, Cross R over L, Step L on L, Sailor Step R, Cross L over R, Step R on R

1-2 ¼ L step R on R (12h00), ¼ L step L on L (09h00)
3-4 * Cross R over L, Step L to side
5&6 Cross R behind L, step L to side, step R to side
7-8 Cross L over R, Step R to side

* Tag 2

S4: Sailor Step L, Touch R behind, ½ turn R, Step L ¼ R, Cross Rock L

1&2 Cross L behind R, step R to side, step L to side
3-4 Touch R backward, ½ R unwind (weight on R) (03h00)
5-6 Step L forward, ¼ R (weight on R) (06h00)
7-8 Step L over R, recover on R

S5: L Ball Step, Walk R,L,R,L turning ½ L, Shuffle R fwd, Front Rock L

&1-2 Ball Step L, ⅛ L step R, ⅛ L step L (03h00)
3-4 ⅛ L step R, ⅛ L step L (12h00)
5&6 Step R forward, Step L next to R, Step R forward
7-8 Step L over right, recover on R

S6: Lock Shuffle Back L, Lock Shuffle Back R, Back Rock Step L, Shuffle side L

1&2 Step L backward, lock R across L, step L backward
3&4 Step R backward, lock L across R, step R backward
5-6 * Cross L behind R, recover on R
7&8 Step L to L side, Step R next to L, Step L to L side

S7: Back Rock Step R, ¼ L Shuffle side R, Back Rock step L, ¼ R Step L, ½ R Step R

1-2 Cross R behind L, recover on L
3&4 ¼ L step R to R side, Step L next to R, Step R on R side (09h00)
5-6 Cross L behind R, recover on R
7-8 ¼ R Step L backward (12h00), ½ R Step R forward (06h00)

S8: Coaster Step L Fwd, Back R, Back L, Back Rock step R, Kick-Ball-Step R

1&2 Step L forward, Step R next to L, Step L backward

3-4 Step R backward, Step L backward
5-6 Rock step R backward, recover on L
7&8 Kick R Forward, Step ball of R beside L, Step L Forward

Tag 1 – At the end of wall 1:

Kick-Ball-Step R, Step forward R, Step forward L, Shuffle R, Rock step L, Coaster Step L

1&2 Kick R Forward, Step ball of R beside L, Step L Forward
3-4 Step L forward, Step R Forward
5&6 Step R forward, Step L next to R, Step R forward
7-8 Rock step L Forward, recover on R
1&2 L step backward, R step next to L, Step L forward

Tag 2 + restart – 3rd Wall:

Replace 20° count: ¼ L Step L (09h00) + Restart

Tag 3 – At the end of wall 4:

Scissor step R, Scissor step L

1&2 Rock step R, Recover to L, Cross R over L
3&4 Rock step L, Recover on R, Cross L over R

Tag 4 + restart – 6th Wall:

Replace 47&48 counts by a Shuffle Forward + Restart
