

Tribute to Mahalia

拍数: 16 墙数: 4 级数: Beginner
编舞者: Angels Guix (ES) & Enric Nonell (ES) - February 2023
音乐: I'm on My Way - Sarah Brown : (Album: Sarah Brown Sings Mahalia Jackson)



Note: 20 counts introduction. There are 4 counts intro with solo piano, then 16 counts with rhythm base plus the singer saying, "I'm on my...", then start the dance on the word "Way" stepping RF forward. No tag and no restart

[1-8] Step forward, coaster step, ¼ step turn step, rock step, cross, side, cross

1 Step RF forward
2&3 Step LF backward, step RF together, step LF forward
4&5 Step RF forward, 3/4 turn left and step LF in place, step RF to right (3:00)
6& Rock LF to left, recover on RF
7&8 Cross LF over RF, step RF to right, cross LF over RF

[9-16] Step side, rock step, step side, rock step, ½ pivot turn, Run x3

1 Step RF to right
2&3 Rock LF behind RF, recover on RF, step LF to left
4&5 Rock RF behind LF, recover on LF, step RF forward
6& Step LF forward, 1/2 turn right and step on RF (9:00)
7&8 Step LF forward, step RF forward, step LF forward

Start again

No tag no re-start

Teaching tip:

This line dance choreography may be taught as 16 counts dance with countercounts, or as 32 counts dance adding hold counts. It may also be counted as quick quick slow slow timing, just doing S-QQS-QQS-QQQS. This rhythm pattern is the same for the first and second 8 counts parts.

Last Update - 14 Apr. 2023