

# Hedonism

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Hanna Pitkänen (FIN) - 25 January 2023  
音乐: Hedonism (Just Because You Feel Good) - Skunk Anansie



Start the dance after 32 counts of heavy beat  
No tags and no restarts!

**[1-9]: Step, behind with knee pop, behind, side, cross, left nightclub basic, shuffle right**

1,2            Step R to diagonal forward (1), lock L behind R as you pop out right knee (2)  
3&4           Step R behind L (3), step L to side (&), cross R over L (4)  
5,6            Big step to side on L (5), step R behind L (6)  
7                Cross L over R (7)  
8&1            Step R to side (8), step L next to R (&), step R to side (1)

**[10-16] ¼ right with sweep, coaster step, fwd rock, rocking chair**

2                ¼ turn right as you step L behind R sweeping R from front to back (2)  
3&4            Step R back (3), step L next to R (&), step R forward (4)  
5,6            Rock L forward (5), recover to R (6)  
7&8            Rock back L (7), recover to R (&), rock forward to L (8)  
&                Recover to R (&)

**[17-24] Step back L R with sweeps, coaster step, step, ½ turn, ½ turn, ½ turn**

1,2            Step back L sweeping R from front to back (1), step back R sweeping L from front to back (2)  
3&4            Step back L (3), step R next to L (&), step L forward (4)  
5                Step R forward (5)  
6-7            ½ turn right stepping L back sweeping R from front to back (6), ½ turn right stepping R forward hitching L slightly (toes next to ankle) (7)  
8                ½ turn right stepping L back sweeping R from front to back (8)

**[25-32] ¼ sailor right, ¼ turn left, step, lock, heel bounces x2, out out with heels, back, together**

1&2            continue turning ¼ to right as you step R behind L (1), step L next to R (&), step R forward (2)  
3                ¼ turn left stepping L forward (3)  
4&            Step R forward (4), step L behind R (&)  
5,6            Unwind ¼ turn left bouncing both heels (5), unwind ¼ turn left bouncing both heels (weight ends on L) (6)  
7&8&          Step R heel out to diagonal right (7), step L heel out to diagonal left (&), step back R (8), step L next to R (&)

\*At the end of walls 2 (facing 6) and 7 (facing 9) there is no beat, continue with two heel bounces during counts 7, 8

REPEAT

Have fun dancing!

Last Update: 6 Feb 2023