

# Grown Old With Me

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Elvy (FR) & Bruno Penet (FR) - September 2022  
音乐: Grow Old with Me - Sunny Sweeney : (Album : Trophy)



Intro : 16 counts

## SECTION 1 : Stomp, Stomp 1/4 Turn Left, Large Step, Stomp, Heel bounces X2 1/4 Turn Left, Left Coaster Step

1 – 2                      Stomp Right forward, 1/4 turn left & stomp Left forward (9 :00)  
3 – 4                      Large step Right diagonal right, Stomp Left to left side  
5 – 6                      Heel bounces with 1/8 turn left X2 (6 :00)  
7 & 8                      Step Left back, step Right beside Left, step Left forward

Restart : 6te séquence

## SECTION 2 : Side, Together, Shuffle forward, Step, Step, Sailor Step 1/4 Turn Left

1 – 2                      Step Right to right side, step Left beside Right  
3 & 4                      Step Right forward, step Left beside Right, step Right forward  
5 – 6                      Step Left forward, step Right forward  
7 & 8                      1/4 turn left & cross Left behind Right, step Right beside Left, step Left slightly forward (3:00)

## SECTION 3 : Skate R & L, Shuffle Forward, Rock Fwd, 1/2 Turn L & Shuffle Fwd

1 – 2                      Step Right forward (skate), step Left forward (skate)  
3&4                      Step Right forward, step Left beside Right, step Right forward  
5 – 6                      Step Left forward, recover weight on Right  
7&8                      1/2 turn left & step Left forward, step Right beside Left, step Left forward (9 :00)

## SECTION 4 : 1/4 turn L & Stomp, Hold, Step Together, 1/4 Turn R & Step Fwd, Together, Rocking Chair

1 – 2                      1/4 turn right & stomp Right to right side, hold (6 :00)  
&3 – 4                      Step Left beside Right, 1/4 turn right & step Right forward, step Left beside Right (9 :00)  
5 – 6                      Step Right forward, recover weight on Left  
7 – 8                      Step Right back, recover weight on Left

**TAG After walls 1, 2, 4, 7 add the steps :**

**Heel Switches**

1&                      Touch Right Heel forward, step Right beside Left  
2&                      Touch Left Heel forward, step Left beside right

**RESTART 6th wall, after the 1th section**

**FINAL 8th wall / 1th section / after the 6th count, add the steps :**

**Cross Right over Left, unwind 1/2 turn left**

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Workshop 17 September 2022 – Moulins 03000 – Club SMOKY BOOTS

Challenge Boy – CRAZY DANCERS OF COUNTRY MUSIC

Site : <http://challengeboy.free.fr/>

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