

Total Control

拍数: 32 墙数: 2 级数: Improver
编舞者: Roger (leftfoot) Hunter (USA) - February 2023
音乐: W.I.T.C.H. - Devon Cole



Intro: 8 counts - No tags or restarts

S-1) Scuff Hitch, Stomp Shuffle Forward R & L, Step ½ L.

1&2 scuff R forward(1)hitch R knee up(&))stomp R heel down(2)
3&4 step R forward(3)step L next to R(&)step R forward(4)
5&6 step L forward(5)step R next to L(&)step L forward(6)
7-8 step R forward pivoting ½ turn L(7)step on L(8)(6:00)

S-2) Step Touch, Shuffle Left, Behind Side Cross, Step Tap.

1-2 step R to R(1)touch L next to R(2)
3&4 step L to L(3)step R next to L(&)step L to L(4)
5&6 step R behind L(5)step L to L(&)cross R over L(6)
7-8 step L to L(7)tap R behind L(8)

S-3) Side Together, Shuffle R, Sailor Step ¼ L, Kick Ball Walk.

1-2 step R to R(1)step L next to R(2)
3&4 step R to R(3)step L next to R(&)step R to R(4)
5&6 step L behind R ¼ L(5)step back on R(&)step forward on L(6)(3:00)
7&8 kick R forward(7)recover on R(&)step L forward(8)

S-4) Kick Ball Walk, Shuffle R, Shuffle L ¼ L, Step ½ L.

1&2 kick R forward(1)recover on R(&)step L forward(2)
3&4 step R to R(3)step L next to R(&)step R to R(4)
5&6 step L to L making ¼ L(12:00)step R next to L(&)step L to L(6)
7-8 step R forward pivoting ½ turn L(7)step(take weight) on L(8)(6:00)

Last Update: 5 Feb 2023