

When I Get Old

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Easy Intermediate
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音乐: When I Get Old - Christopher & CHUNG HA



Intro: 32 counts

Sequence: AA BB AA BB A BB

Part A: 32counts

Sec.1 Out-Out, Step, Touch and sit, Step, Lock, Step-Lock-Step

1 4 Step R out to R, Step L out to L, Step R back, Touch L forward(sit and look back)
5 6 Step L forward, Lock R behind L
7 & 8 Step L forward, Lock R behind L, Step R forward

Sec.2 Rock, Recover, 1/4R Step, Point, Hold, 1/4L, 1/2L, 1/4L Shuffle

1 2& Rock, Recover, 1/4R Step R to R (3:00)
3 4 Point L to L, Hold
5 6 1/4L Step L forward, 1/2L Step R back
7 & 8 1/4L Step L to L, Step R next L, Step L to L

Sec.3 Rock, Recover, Step, Rock, Recover, Step, 1/8R Step, Lock-Step-Lock-Step-Lock

1 2& Cross Rock R over L, Recover, Step R side to R
3 4& Cross Rock L over R, Recover, Step L side to L
5 6 1/8R Step R forward, Lock L behind R (4:30)
7&8& Step R forward, Lock L behind R, Step R to forward, Lock L behind R

Sec.4 Step, Step 1/2R Pivot, 1/2R, 1/4R, Hold, 1/8L Coaster

1 2 Step R forward, Step L forward
3 4 1/2R Pivot step R forward, 1/2R Step L back
5 6 1/4R Big step R to R(option: Arm L stretch to L with look to R), Hold (7:30)
7 8& 1/8L Step L back, Step R next L, Step L forward (6:00)

Part B: 32counts

Sec.1 Cross, Sweep, Cross, Side, Behind, Sweep, Behind, Side

1 4 Cross R over L, Sweep L from back to front, Cross L over R, Step R to R
5 8 Step L behind R, Sweep R from front to back, Step R behind L, Step L to L

Sec.2 1/8L Step, 1/2L, Body roll, Step, Hold, Walk, Walk(4:30)

1 4 1/8L Step R forward, Pivot 1/2L(weight on R), Body roll on R(2counts) (4:30)
5 8 Step L back, Hold, Step R forward, Step L forward

Sec.3 Step, 1/8R Sweep, Cross, Back, Back, Cross, Back

1 4 Step R forward, 1/8R Sweep L from back to front, Cross L over R (6:00), Step R back
5 8 Step L back, Hold, Cross R over L, Step L back

Sec.4 (Step, Touch) x 4, Big Step, Together

1 4 1/8R Step R to R, Touch L next R, 1/4L Step L to L, Touch R next L (4:30)(option: bending knees)
5&6& Step R to R, Touch L next R, 1/8R Step L to L, Touch R next L (6:00)
7 8 Big step R forward, Drag L next R (weight on L)

Ending Sequence B count 31, 32 : Step R forward, Pivot 1/2 L (12:00)

Have fun with this one!

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