

The Brakes On

拍数: 64 墙数: 2 级数: Phrased Improver / Intermediate
编舞者: Bruno Penet (FR) & Isabelle Dréau (FR) - 17 September 2022
音乐: Drivin' With The Brakes On - Juju Rossi



Intro : 16 temps

SÉQUENCE : A – A – B – B – Tag – A – B – B – B – A – B – B

PART A: 32c

[1-8] SIDE R TOGETHER, STEP R, ROCK STEP L, $\frac{3}{4}$ STEP L, $\frac{1}{2}$ STEP L, $\frac{1}{4}$ SIDE R BEHIND L

1-2 Step Right to right side, step Left beside Right,
3-4 Step Right forward, step Left forward,
5-6 Recover weight on Right, $\frac{3}{4}$ turn left & step Left forward, (3h00)
7-8 Step Right to right side, cross Left behind Right,

[9-16] HEEL BALL CROSS R (x2), SIDE ROCK R, CROSS SHUFFLE R

1&2 Touch Right Heel forward, step Right beside Left, cross Left over Right,
3&4 Touch Right Heel forward, step Right beside Left, cross Left over Right,
5-6 Step Right to right side, recover weight on Left,
7&8 Cross Right over Left, step Left to left side, cross Right over Left,

[17-24] $\frac{1}{4}$ JAZZ BOX (x2)

1-2 Cross Left over Right, step Right back,
3-4 $\frac{1}{4}$ turn left & step Left to left side, step Right slightly forward, (12h00)
5-6 Cross Left over Right, step Right back,
7-8 $\frac{1}{4}$ turn left & step Left to left side, step Right slightly forward, (9h00)

[25-32] ROCK STEP L, $\frac{1}{2}$ STEP L & R, $\frac{1}{4}$ SIDE ROCK L, BEHIND SIDE STEP

1-2 Step Left forward, recover weight on Right,
3-4 $\frac{1}{2}$ turn left & step Left forward, step Right forward,
5-6 $\frac{1}{4}$ turn right & step Left to left side, recover weight on Right, (6h00)
7&8 Cross Left behind Right, step Right to right side, step Left forward,

PART B: 32c

[1-8] LARGE STEP SIDE R, SLIDE L SCUFF L, STEP L $\frac{1}{2}$ (x2)

1 Step Right to right side (large step),
2-3-4 Slide Left towards Right (on 2 counts), scuff Left beside Right,
5-6 Step Left forward, $\frac{1}{2}$ turn right & recover weight on Right, (6h00)
7-8 Step Left forward, $\frac{1}{2}$ turn right & recover weight on Right, (12h00)

[9-16] LARGE STEP SIDE L, SLIDE R SCUFF R, ROCK STEP R, $\frac{1}{2}$ STEP R SCUFF L

1 Step Left to left side (large step),
2-3-4 Slide Right towards Left (on 2 counts), scuff Right beside Left,
5-6 Step Right forward, recover weight on Left,
7-8 $\frac{1}{2}$ turn right & step Right forward, scuff Left beside Right, (6h00)

[17-24] WEAVE L, SIDE ROCK L, CROSS L SIDE R

1-2 Step Left to left side, cross Right behind Left,
3-4 Step Left to left side, cross Right over Left,
5-6 Step Left to left side, recover weight on Right,
7-8 Cross Left over Right, step Right to right side,

[25-32] SAILOR STEP L & R, ROCK STEP L, BACK SLIDE L FLICK R

- 1&2 Cross Left behind Right, step Right to right side, step Left to left side,
3&4 Cross Right behind Left, step Left to left side, step Right to right side,
5-6 Step Left forward, recover weight on Right,
7-8 Slide Left back, flick Right back.

TAG

[1-8] VINE R HOOK L, VINE L ½ SCUFF R

- 1-2 Step Right to right side, cross Left behind Right,
3-4 Step Right to right side, hook Left over Right,
5-6 Step Left to left side, cross Right behind Left,
7-8 ¼ turn left & step Left forward, ¼ turn left & scuff Right beside Left. (6h00)

Final - Stomp Right forward

START DANCING AGAIN AND KEEP SMILING !!
